

# Meadowlark Notes

Issue 78

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## Listen to the Music By Dawn Phelps, RN/LMSW

The Washington Post won a Pulitzer Prize for a feature story by Gene Weingarten in April, 2007. Here's the story.

"A man sat at a metro station in Washington, D.C., and started to play the violin. It was a cold January morning. Three minutes went by, and a middle-aged man noticed there was a musician playing. He slowed his

pace, stopped for a few seconds, and then hurried to meet his schedule.

"A minute later, the violinist received his first dollar tip; a woman threw the money in the till. Without stopping,

she continued to walk. A few minutes later, a man momentarily leaned against the wall to listen to the violinist. But the man soon looked at his watch and walked away. Clearly, he was late for work.



## Director Notes

In the times we live in today, there are so many choices surrounding us every day. Rarely is there only one option for the decisions we face in a

day. We choose what to eat, what to wear, which route to take to our activity for the day, what kind of music to listen to, and even what time to

go to bed. We have so many choices and most of us want enough information so we can make the "best" choice. Choices are not



MEADOWLARK  
HOSPICE

*Our Mission is to  
provide loving,  
compassionate care  
for those living  
with a  
life-limiting illness.*

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**MUSIC  
HEALS**



## Listen to the Music..... (cont'd from pg 1)

“The one who paid the most attention was a three-year-old boy. His mother tried to nudge him along, but the child kept stopping to listen to the music. Finally, the mother pushed hard. The child continued to walk but kept turning his head to watch the violinist play. Several other children tried to stop to listen, but all the parents without exception forced their children to move on.

“In the forty-five minutes the musician played, only six people stopped and stayed for a while. Some gave him money but continued to walk their normal paces. He collected a total of \$32. When he finished playing, silence took over, but no one noticed it. There was no recognition, no applause.

“In the forty-five minute concert, the violinist played six pieces by Bach while thousands of people passed through the station. No one knew that the violinist was Joshua Bell, one of the best musicians in the world. He played one of the most intricate pieces ever written on a violin worth 3.5 million dollars. Two days before playing in the subway, Joshua Bell sold out all the seats in a theatre in Boston; the seats averaged \$100 each.

“This is a real story. Joshua Bell’s incognito performance in the metro station was organized by the Washington Post as part of a social experiment about perception, taste, and priorities. The outlines were: In a commonplace environment at an inappropriate hour, do we perceive beauty? Do we stop to appreciate it? Do we recognize talent in an unexpected context?

“One of the possible conclusions from this experiment could be: If we do not have a moment to stop and listen to one of the best musicians in the world playing the best music ever written, how many other things are we missing?”

In the above true story, the children, rather than their parents, seemed to realize that something great was going on right under their noses. But the parents all hustled their children along.

After a loss, in a sense, it may feel that the music has stopped in our lives. The pain of grief and loss can, in a sense, dull the “music” that may be around us every day. Life may even feel hopeless and purposeless, at least initially.

Sometimes we too, like those at the metro station, live our lives at such break-neck paces that we scarcely take time to appreciate the beauty in the world. Maybe it is time to start slowing down, to pause, and “listen to the music.”



## Director Notes..... (cont'd from pg 1)



ties to certain age groups. Even my nine year old is deeply concerned about making the right choices. Some choices are easy and other choices require more deliberation.

Hospice care is a choice. People have the choice as to whether or not they want hospice present during their final journey. In some areas, people also have a choice as to which hospice care provider will be with them if they choose that direction. Meadowlark Hospice feels blessed for the opportunities we are given to be a part of the lives of the patients and families we serve. Each and every patient that touches our lives is with us for years to come. Always remembered, never forgotten.

We serve a large community, and as an organization we find it important to not have our service providers based solely out of our central location in Clay Center, KS. We utilize attending providers, home health agencies, DME companies, pharmacies, volunteers, and staff members who live in or are located throughout our entire service area. The relationships we build with people in each individual town within our service community are so important to us.

Our Tree of Light and Memorial Ceremonies are a special time to remember and honor loved ones. Our ceremonies are held in six different locations in our territory. This allows families to have the opportunity during the holiday season to remember their loved one and others in their community whom have passed.

Bereavement support groups are a place that many have turned to when coping with the loss of their loved one. It is important to us that the bereavement groups are easily accessible for those who find comfort in that type of support. Meadowlark Hospice social workers provide groups in Clay Center, Belleville, and Marysville for families of hospice patients as well as other community members seeking comfort. Meadowlark Hospice also supports community bereavement groups in Concordia and Washington.

Another unique aspect of the Meadowlark Hospice program is the mailing series that we have available to send for the first year after the loss of a loved one. The series is called "Pathways through Grief" and our very own Dawn Phelps wrote the series. It is a very touching series and provides comforting words during the first year after a loss. It is a mailing series that is available nationally and we feel privileged that it originated from one of our very own team members.

Meadowlark Hospice is here to provide loving and compassionate end-of-life care for you and the ones you love. We offer emotional and spiritual support to our patients and their loved ones. Our staff is trained to monitor and control symptoms related to terminal illness. We also provide bereavement care for the loved ones left behind. The staff of Meadowlark Hospice is passionate about the work we do and the comfort we are able to provide our patients and their families. Thank you for the opportunity to be your choice for hospice care.

## Calendar of Events

Oct 9	1:00 pm	Concordia Volunteer Continuing Education
Oct 9	3:00 pm	Belleville and Republic Volunteer Continuing Education at Republic
Oct 9	6:30 pm	Concordia Bereavement Support Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th - Call Judy Lambert 785-243-4454
Oct 10	4:30 pm	Clay Center Bereavement Support Group - Meadowlark Hospice office
Oct 12	7:00 pm	The Grief Support Group (community-sponsored) - 214 W 2nd, Washington - Call Terri Clark 785-325-3200
Oct 16	11:00 am	Clay Center Volunteer Continuing Education
Oct 17	9:30 am	Washington Volunteer Continuing Education
Oct 17	Noon	Marysville Volunteer Continuing Education
Oct 17	2:00 pm	Frankfort Volunteer Continuing Education
Oct 19	5:30 pm	Belleville Bereavement Support Group - Library, 1327 19th Street
Oct 26	4:30 pm	Marysville Bereavement Support Group - South Plaza of CMH - use N door
Nov 9	7:00 pm	The Grief Support Group (community-sponsored) - 214 W 2nd, Washington - Call Terri Clark 785-325-3200
Nov 13	1:00 pm	Concordia Volunteer Continuing Education
Nov 13	3:00 pm	Belleville and Republic Volunteer Continuing Education at Belleville
Nov 13	6:30 pm	Concordia Bereavement Support Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th - Call Judy Lambert 785-243-4454
Nov 14	4:30 pm	Clay Center Bereavement Support Group - Meadowlark Hospice office
Nov 16	5:30 pm	Belleville Bereavement Support Group - Library, 1327 19th Street
Nov 20	11:00 am	Clay Center Volunteer Continuing Education
Nov 21	9:30 am	Washington Volunteer Continuing Education
Nov 21	Noon	Marysville Volunteer Continuing Education
Nov 27	11:00 am	Concordia Tree of Light/Memorial Ceremony - First Christian Church
Nov 27	2:00 pm	Republic County Tree of Light/Memorial Ceremony - Belleville United Methodist Church
Nov 30	4:30 pm	Marysville Bereavement Support Group - South Plaza of CMH - use N door
Dec 2	11:00 am	Washington Tree of Light/Memorial Ceremony - Washington County Hospital
Dec 2	3:00 pm	Marysville Tree of Light/Memorial Ceremony - Cambridge Place
Dec 3	2:00 pm	Clay Co./Riley Co. Tree of Light/Memorial Ceremony - First Baptist Church, Clay Center
Dec 7	7:00 pm	Frankfort Tree of Light/Memorial Ceremony - Public Library
Dec 11	6:30 pm	Concordia Bereavement Support Group (community-sponsored) - Episcopal Parish Hall, 117 W 8th - Call Judy Lambert 785-243-4454
Dec 12	4:30 pm	Clay Center Bereavement Support Group - Group will eat together - Meadowlark Hospice office
Dec 14	7:00 pm	The Grief Support Group (community-sponsored) - 214 W 2nd, Washington - Call Terri Clark 785-325-3200
Dec 21	5:30 pm	Belleville Bereavement Support Group - Group will eat together, Place TBA
Dec 28	4:30 pm	Marysville Bereavement Support Group - South Plaza of CMH - use N door

## Hospice Gifts & Memorials

*Your memorial gifts honor your loved ones and help others!*

### HOSPICE GIFTS

Braxton Williams Benefit-  
Tiffany & Ryan Williams  
Cecil & Esther Cromwell-  
In Honor of Clyde & Rita  
Wollenberg  
Dorothy Richardson  
Dolores Wassenberg

### MEMORIALS

#### WYNN BAUER

Roy & Linda Henry

#### EUGENE "GENE" CARLSON

The Family of Eugene Carlson

#### REVA COASH

RS Electric Fund

#### WILLIAM "BILL" CYPHERS

Bill Cyphers Memorial

Paul & Delores Blochlinger

Central National Bank-

Concordia

Clay County Medical Center

Anita Cyphers

Richard & Phyllis Cyphers

Charles & Denise Cyr

Mary DeLude

Annette Gopalan

Mark & Theresa Gram

Gale & Barbara Longenecker

Wayne Ruud

Doyle & Linda Scott

Mike & Connie Tholstrup

Clyde & Rita Wollenberg

#### PEGGY DETTMER

Friends & Neighbors

Doug Thomas

#### MICHAEL DEWITT

Kurt & Sara Hudson & family

Al & Judy Hudson

Mindy & Dan LaFontaine &  
family

#### PATRICIA DUNMIRE

George & Pam Abel

#### ...PATRICIA DUNMIRE

Barry Dunmire

Clayton & Sarah Fain

Larry & Kathleen Krob

Jared & Beka Meitler

William & Beth Olson

Ailene Redding

Jeff & Denise Thode

#### DOROTHY FISCHER

Sandra Bostwick

#### JUANITA FRAGEL

Scott & Monica Anderson

Rosalie Babb

Darold & Janet Bolton

Renae Bruna

Dennis & Cathy Cashier

Vella Connell

Brenda Cottrell

Rick & Kandyce Cudney

Marcine Duensing

Melvin & Arlene Duensing

Delmo Fragel

David & Betty Friedrichs

Friends & Neighbors

Galloway, Wieggers &

Brinegar, P.A.

Joe & Penny Howell

Rodney & Katherine Imhoff

John Jr. & Samileen Kirkland

Bette Lammerding

Bruce & Theresa Leonard

Gary & Cathy Lindquist

Tom & Anita O'Neil

John & Pamela Schmidt

Delmar & Karen Schotte

Melvin & Patricia Schuette

Buff Slupianek

Bradley & Barbara Timmons

William & JoAnn Walcott

Galen & Vickie Walters

Dan & Ronda Wassenberg

Leonard & Beth Wolfe

S.L. Wullschleger

#### RUTH FRIEDRICHS

Christopher & Debra Caudill

Fred Friedrichs

Marysville Livestock Inc.

Anna Shaffer

Joseph & Shari Werner

#### IONE GILBERT

Lyle & Dorothy Anderson

Michael & Deborah Brown

Anita Cline

Croce & Co Accountancy Corp

Friends & Neighbors

Robert Heilman

Ione Gilbert Memorial

Orcena Jurey

Mark & Susan Meier

Gwen Miller

Homer Naumann

Dallas & Evelyn Nelson

Trudy Reed

Rachel Ross

Marjorie Sanneman

#### MARILYN GOODWIN

Gwen Miller

#### WAYNE HAFNER

Randy & Cathy Hafner

Wanda Hafner

#### EUGENE "GENE" LEON

Rosemary Anderson

David & Linda Bogart

Charles & Elaine Bowers

Edward & Elsie Brummett

Central National Bank-

Concordia

Wanda Davenport

Ronald & Barbara Davis

Mr. Leslie & Mrs. Janice

Dethloff

James & Marilyn Douglass

Lana Ellis

Lou & Diana Frohardt

Kenneth Johnson

K.S. Eby & T. Koester

## Hospice Gifts & Memorials

*Your memorial gifts honor your loved ones and help others!*

...EUGENE "GENE" LEON

DeLawrence & Candace  
Lundberg

Emil & Tilly Peterson  
Roger & Norma Verdon  
Russ & Jamie Weibert

LORA LEE LINK

The Family of Lora Lee Link

KAREN NUTSCH

Merle Bernasek

BERNIECE SCHREIBER

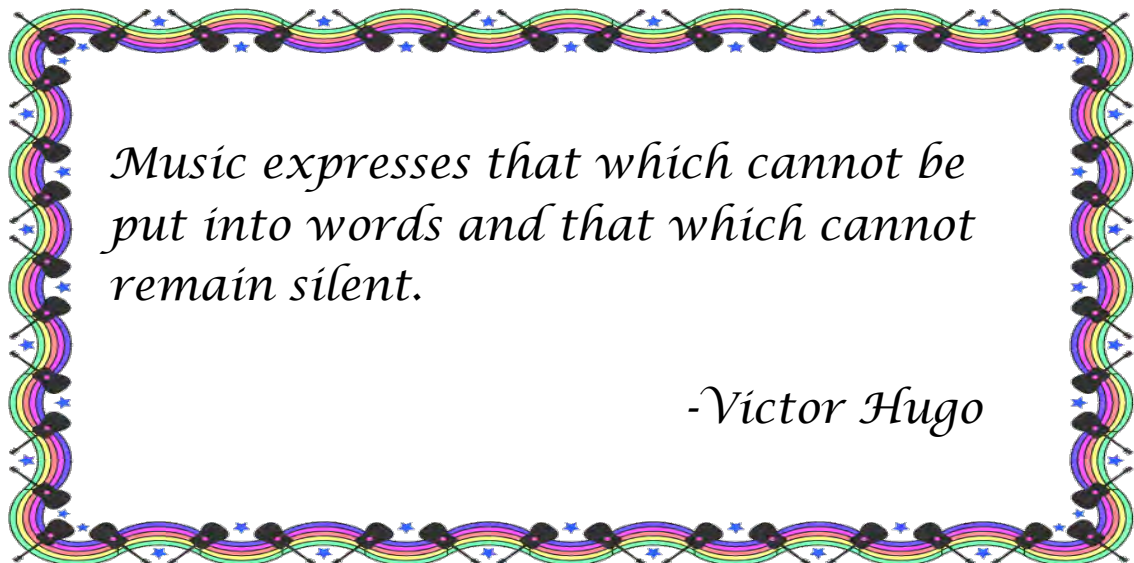
Anonymous Donor

MAX SCOFIELD

Terry & Brenda Alstatt  
Gene & Bobbie Johnson  
Max Scofield Memorial  
Russell Malm & Flora Ott  
Randy Paugh  
Kenneth & Betty Stephen  
Donald & Doris Wiens

DEAN VATHAUER

Dolores Vathauer  
EUGENE "GENE"  
WASSENBERG  
Gene Wassenberg Memorial  
PEGGY WEIDMAN  
Friends & Neighbors



# **MEADOWLARK HOSPICE**

## **TREE OF LIGHT 2017**

Please join us at the Tree of Light Ceremony in your Community

### **CONCORDIA**

November 27th at 11:00 a.m.

1st Christian Church  
REPUBLIC CO. @

### **BELLEVILLE**

November 27th at 2:00 p.m.

United Methodist Church  
WASHINGTON

December 2nd at 11:00 a.m.

Washington Co. Hospital



### **MARYSVILLE**

December 2nd at 3:00 p.m.

Cambridge Place  
CLAY CENTER/RILEY

December 3rd at 2:00 p.m.

First Baptist Church

### **FRANKFORT**

December 7th at 7:00 p.m.

Public Library

Please tune in to KISS FM 94.9, KCLY 100.9 and Topeka television stations for cancellations

Your purchase of a memorial will aid Meadowlark Hospice in helping people live their final days with dignity and comfort at home, or a homelike setting among family and friends.



**MEADOWLARK  
HOSPICE**

**Please clip coupon and mail to:**

**Meadowlark Hospice**

**709 Liberty Street**

**Clay Center KS 67432**

**785-632-2225**



**MEADOWLARK  
HOSPICE**

### *Tree of Light 2017*

Make checks payable to Meadowlark Hospice.

709 Liberty, Clay Center KS 67432

All gifts are tax deductible.

Names will be read at the Lighting Ceremony.

Enclosed is my contribution for \_\_\_\_\_ memorials.

In memory of \_\_\_\_\_

Donor's Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Please indicate at which Ceremony you would like to have your loved one represented.

Clay Center/Riley  Washington  Concordia  Frankfort  Marysville  Belleville



# MEADOWLARK HOSPICE

709 LIBERTY  
CLAY CENTER, KS 67432

Ph 785.632.2225

Fax 785.632.3557

Email [mhospice@ccmcks.org](mailto:mhospice@ccmcks.org)

Web [meadowlarkhospice.org](http://meadowlarkhospice.org)

*We are available to present  
programs to area organizations!*



## MEADOWLARK HOSPICE STAFF

*Medical Director – John Ryan, MD*

*Nurse Practitioner - Michele Voelker, APRN*

*Program Director – Amy Burr, RN, BSN*

*Patient Care Coordinator – Deb Martin, RN, BSN*

*Hospice Staff Nurses – Stacy Behrends, RN, BSN; Debra Champlin, RN;  
Deb Hedke, RN, BSN; Nedra Kisby, RN; Kristin Kruse, RN, BSN;  
JoAnn Lips, RN; Sherry Wiese, RN;*

*Director of Social Services Kay Lynn Mead, LMSW*

*Social Workers – Kathryn Benson, LBSW; Stephanie Garrison, LBSW;  
Joyce Nelson, LMSW*

*Bereavement Writer – Dawn Phelps, RN, LMSW*

*Bereavement Services Coordinator – Kay Lynn Mead, LMSW*

*Chaplains – Greg Doll; Kathy Ouellette; Al Paredes; Sr. Mary Savoie;  
Rev. Susan Sawyer; Marilyn Sweet; Sr. Marilyn Wall*

*Volunteer Coordinator – Darlene Melton*

*Billing/Insurance – Ronna Urban*

*Administrative Assistant – Lilly Hitsman; Charlotte Rundell*