

# Meadowlark Notes

## Special Interest Articles:

- Leaving
- If Tomorrow...
- Last Will of Mr. Farmer
- Ice Cream

## Issue Highlights:

Cookbooks for Sale  
Calendar of Events  
Our Thoughts  
Memorial Gifts  
Our Staff

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“Faith is to believe what you do not yet see; the reward for this faith is to see what you believe.”

- Saint Augustine

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## “Leaving...”

Can you remember planning for a vacation? As you prepared for your trip, you may have experienced excitement with a bit of anxiety mixed in. The trip required preparation with many last minute tasks—clothes to pack, house to clean, bills to pay. Perhaps you imagined what the trip would be like and may have said, “I can hardly wait!”

Leaving on a fun trip can generate many happy emotions. But other circumstances may bring ambivalent emotions, happy and sad. For instance, when leaving home after graduation, there may be anticipation of a new life, but there may be feelings of sadness as one leaves parents and childhood behind. In a divorce, leaving may bring feelings of regret or feelings of relief, depending on the situation.

When someone we love is diagnosed with a terminal illness, the possibility of the loved one leaving may bring emotions of dread and

fear for the one being left behind. For the one facing death there may be fears of the unknown but anticipation of heaven and reunification with loved ones who have gone on before.

On February 5, 2006, my husband who had cancer said to me, “Dolly, I want to go home.” Those were words I never wanted to hear—I could not imagine life without him. Even though he was bedfast, until that morning, he had still wanted to live. He had felt a “pop” in his right hip, and when we saw the deformity of his right leg, we knew his hip had broken as a result of metastasis. When he said, “I want to go home,” I knew he was really saying “This is just too much” and that he would be leaving soon. He died 23 days later.

I recently visited a dear friend who had been diagnosed with late-stage cancer. Early in our conversation my friend said, “I want to go home.” She was at peace, wanting her home-going to be soon. We spoke of how she had touched so many lives.

She was nearing her “leaving. I felt sad, knowing I would miss her, but she seemed to have no fear of going home.

When our loved ones leave us, those of us left behind can find life difficult. But for those who are ready to “make the trip” there may be a new sense of anticipation, expectation of better things to come, of being reunited with those they love, and no more pain! They seem to be pulled toward heaven and gradually begin to focus on going home rather than staying on this earth.

Dvorak and Fisher wrote the song, “Going Home,” one of the most beautiful songs I have ever heard. Following are just a few of the words about “leaving” for a better place:

Going home, going home  
I’m jus’ going home.  
Quiet like, some still day  
I’m jus’ going home.

Mother’s there ‘specting  
me  
Father’s waiting, too  
Lots of folk gathered there  
All the friends I knew.

Morning star lights the way  
Restless dream all done  
Shadows gone, break of day  
Real life, yes, begun.

Going home, going home  
I'm jus' going home  
It's not far, yes, close by  
Through an open door  
I'm jus' going home.

For those of us who are left behind, the following quote may be reassuring: "You never leave someone behind. You take a part of them with you and leave a part of yourself behind."

by Dawn Thorn Phelps, RN/LMSW

*People are often  
Unreasonable and self centered.  
Forgive them anyway...  
If you are kind, people  
May accuse you of ulterior motives,  
Be kind anyway...  
If you are honest  
People may cheat you.  
Be honest anyway...  
If you find happiness  
People may be jealous  
Be happy anyway...  
Give the world the best you have  
And it may never be enough  
Give your best anyway...  
For you see, in the end  
It is between you and God  
It never was between you and them  
Anyway...*

- Mother Teresa



## **COOKBOOKS ARE STILL AVAILABLE! \$10 Each**

Meadowlark Hospice Cookbooks are still available. If you have not picked up your copy you may do so at the Meadowlark Hospice Office and Cutting Edge and Massage in Clifton. Proceeds go toward serving patients with the inability to pay for hospice services.

**If Tomorrow Starts Without Me**

When tomorrow starts without me  
And I'm not there to see,  
If the sun should rise and find your eyes  
All filled with tears for me;  
I wish so much you wouldn't cry  
The way you did today,  
While thinking of the many things,  
We didn't get to say.

I know how much you love me,  
As much as I love you,  
And each time that you think of me,  
I know you'll miss me too;

But when tomorrow starts without me,  
Please try to understand,  
That an angel came and called my name,  
And took me by the hand,  
And said my place was ready,  
In heaven far above,  
And that I'd have to leave behind  
All those I dearly love.

But as I turned to walk away,  
A tear fell from my eye  
For all my life, I'd always thought,  
I didn't want to die.  
I had so much to live for,  
so much left yet to do.  
It seemed almost impossible,  
that I was leaving you.

I thought of all the yesterdays,  
The good ones and the bad,  
I thought of all the love we shared,  
And all the fun we had.  
If I could relive yesterday,  
Just even for a while,  
I'd say good-bye and kiss you  
And maybe see you smile.

But then I fully realized,  
That this could never be,  
For emptiness and memories,  
Would take the place of me.  
And when I thought of worldly things  
I might miss come tomorrow,  
I thought of you, and when I did,  
My heart was filled with sorrow.

But when I walked through heaven's gates,  
I felt so much at home.  
When God looked down and smiled at me,  
From His great golden throne,  
He said, "This is eternity,  
And all I've promised you."  
Today your life on earth is past,  
But here life starts anew.  
I promise no tomorrow,  
But today will always last,  
And since each day's the same way  
There's no longing for the past.

You have been so faithful,  
So trusting and so true.  
Though there were times  
You did some things  
You knew you shouldn't do.  
But you have been forgiven  
And now at last you're free.  
So won't you come and take my hand  
And share my life with me.

So when tomorrow starts without me,  
Don't think we're far apart,  
For every time you think of me,  
I'm right here, in your heart.

- Author Unknown

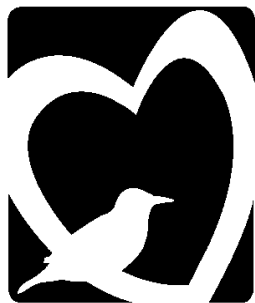
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"Life is eternal, and love is  
immortal, and death is only a  
horizon, and a horizon is  
nothing save the limit of our  
sight."

- Rossiter Worthington Raymond

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## Calendar of Events



**MEADOWLARK  
HOSPICE**

- July 16** 5:30 p.m. Bereavement Support Group- Meadowlark Hospice Office in Clay Center  
**23** 4:30 p.m. Bereavement Support Group- \*Community Physicians Clinic\* in Marysville  
 5:30 p.m. Bereavement Support Group- Cloud County Health Center in Concordia  
**30** 5:30 p.m. Bereavement Support Group- Library in Belleville
- Aug 06** 5:30 p.m. Bereavement Support Group- Meadowlark Hospice Office in Clay Center  
**10** 1:00 p.m. Concordia Volunteer Continuing Education  
 3:00 p.m. Belleville and Republic Volunteer Continuing Education at Republic  
**13** 5:30 p.m. Bereavement Support Group- Cloud County Health Center in Concordia  
**17** Noon Clay Center Volunteer Continuing Education  
**18** 9:30 a.m. Washington Volunteer Continuing Education  
 Noon Marysville Volunteer Continuing Education  
 2:00 p.m. Frankfort Volunteer Continuing Education  
**\*19** 4:30 p.m. Bereavement Support Group- \*Community Physicians Clinic\* in Marysville  
**20** 5:30 p.m. Bereavement Support Group- Library in Belleville
- Sept 03:** 5:30 p.m. Bereavement Support Group- \*Maury's Restaurant\* in Clay Center  
**14** 1:00 p.m. Concordia Volunteer Continuing Education  
 3:00 p.m. Belleville and Republic Volunteer Continuing Education at Belleville  
**10** 5:30 p.m. Bereavement Support Group- Cloud County Health Center in Concordia  
**21** Noon Clay Center Volunteer Continuing Education  
**22** 9:30 a.m. Washington Volunteer Continuing Education  
 Noon Marysville Volunteer Continuing Education  
 2:00 p.m. Frankfort Volunteer Continuing Education  
**17** 5:30 p.m. Bereavement Support Group- Library in Belleville  
**24** 4:30 p.m. Bereavement Support Group- \*Community Physicians Clinic\* in Marysville

*I am standing upon the seashore. A ship at my side spreads her white sails to the morning breeze and starts for the blue ocean. She is an object of beauty and strength. I stand and watch her until at length she hangs like a speck of white cloud just where the sea and sky come to mingle with each other.*

*Then someone at my side says: "There, she is gone!"*

*"Gone where?"*

*Gone from my sight. That is all. She is just as large in mast and hull and spar as she was when she left my side and she is just as able to bear her load of living freight to her destined port.*

*Her diminished size is in me, not in her. And just at the moment when someone at my side says: "There, she is gone!" there are other eyes watching her coming, and other voices ready to take up the glad shout: "Here she comes!"*

*And that is dying.*

Henry Van Dyke (Taken from "Gone From My Sight")

Our thoughts are with the families of Meadowlark Hospice patients we have served.

## *Your memorial gifts honor your loved ones and help others*



### HOSPICE GIFTS:

Ray Beach  
 Donald and Marian Button  
 Frank and Leva Duclos  
 Foundation  
 Fraternal Order of the Eagles  
 #3650  
 Lucille Gassert  
 Duane and Elaine Hinkle  
 Jay and Marion Mellies  
 Gary Pillard  
 Republic County High  
 School FACS  
 Dorothy Richardson  
 Brent and Charlotte Rundell

### MEMORIALS:

#### GARY APPLETON

Mary Alexander  
 Barbara Anderson  
 Steven and Reta Anderson  
 Joyce Beam  
 David and Shirley Berggren  
 Keith and Mindy Blake  
 Caleb and Jamie Bloom  
 Patricia Bowen  
 Lawrence and Sheryl Brenn  
 Robert and Jean Chestnut  
 Kim and Sonya Conrad  
 Max and Huetta Derowitsch  
 John and Lulu Foster  
 Michael and Jackie Foster  
 Mary Ann Fowles  
 Patty Fowles  
 Friends and Neighbors  
 Marc Fullington  
 John and Penny Gisselbeck  
 Brent and Deborah  
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 Luella Marrs  
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 Gary Oetinger  
 Lonnie and Carol Parker  
 Tom and Dawn Phelps  
 Bobby and Jo Ray  
 Daren and Ruth Sanders  
 Darrell and Alean Sanders  
 Leona Shadle  
 Betty Spellman  
 Lloyd and Virginia  
 Starkweather  
 Joe and Phyllis Trautwein  
 Terry and Paula Trautwein  
 Harold Trumpp  
 Earl and Shirley Varney  
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 Scott and Monica Anderson  
 Winifred Barker  
 Wynn and JoAnn Bauer  
 Betty Bechard  
 James and Susan Beck  
 Brad and Sharon Beems  
 Duane and Nancy Berggren  
 Jeff and Darcy Blackwood  
 Keith and Mindy Blake  
 Eric and Gerri Carlson  
 Roger and Patti Clark  
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 Dwight and Doris Ferguson  
 Mike and Nelda Floersch

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 John and Penny Gisselbeck  
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 Bill and Barbara Lenhart  
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 Faye Martin  
 Bob and Darlene McCann  
 Gary and Judy Morgison  
 Lloyd and Maxine Nemnich  
 Delmar and Lorene Peterson  
 Pat and Maureen  
 Pfizenmaier  
 Mr. and Mrs. Tom Poole  
 Brent and Charlotte Rundell  
 James and Peggy Schulze  
 Kendra Schurle  
 Ernest and Irene Sharp  
 Dail and Kathy Smith  
 Ronald and Ruth Ann Smith  
 Charlotte Sorell  
 Lloyd and Virginia  
 Starkweather  
 Eric and Jennifer Swihart  
 Eldon and Viola Thorman  
 Lyle and Linda Underwood  
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 Peggy Weidman  
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#### EDWARD BERGMANN

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 Richard and Dorothy Scriptor  
 Billie Swenson

"Faith is the strength  
 by which a shattered  
 world shall emerge  
 into the light."

- Helen Keller

***Your memorial gifts honor your loved ones and help others*****LILLIE HARRIES**

Don and Linda Gieske  
Daniel and Geraldine Healey  
Stephen and Debra Hix

**ROSETTA HAVEL**

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The Family of Ernest Kunze  
Friends and Neighbors

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and Children  
Marvin and Ronald Copple  
John and Linda Culley  
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William Hare  
Margaret Hattan  
Charles and Marcia Johnson  
Marceni Johnson  
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Louis and Amy Meredith  
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Donald and Sylvia Shaffer  
Lloyd and Mary Snavelly  
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Randy and Laberta  
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Alvin and Claryce Anderson  
Todd and Gabe Anderson  
Roy and Mildred Baxter  
Jay and Brenda Bohnenblust  
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William and Kathryn Crowder  
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Ward Funeral Home

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Douglas and Nola Pyle  
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Mike Brzon  
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Earl Faulhaber  
Carl and Deb Pyle

### **Last Will of Mr. Farmer**

I leave:

To my wife, my overdraft at the bank- Maybe she can explain it better than I could.

To my banker, my soul- He has the mortgage on it, anyway.

To my neighbor, my clown suit- He'll need it if he continues to farm as he has in the past.

To the ASCS, my grain bins- I was planning on letting them take it next year, anyway.

To the county agent- 50 bushels of corn to see if he can hit the market, I never could.

To the junk man- All my machinery. He's had his eye on it for years.

To my undertaker, a special request- I want six implement and fertilizer dealers for my pallbearers- They are already used to carrying me.

To the weatherman- Rain, sleet and snow for the funeral please. No sense in having good weather now.

To the grave diggers- Don't bother, the hole I'm in should be deep enough.

- Author Unknown

### **Ice Cream**

Author Unknown

Last week I took my children to a restaurant. My six year old son asked if he could say grace. As we bowed our heads he said, "God is good, God is great. Thank you for the food, and I would even thank you more if Mom gets us ice cream for dessert. And Liberty and Justice for all! Amen!"

Along with the laughter from the other customers, nearby I heard a woman remark, "That's what's wrong with this country. Kids today don't even know how to pray. Asking God for ice cream! Why, I never!"

Hearing this, my son burst into tears and asked me, "Did I do it wrong? Is God mad at me?"

As I held him and assured him that he had done a terrific job and God was certainly not mad at him, an elderly gentelman approached the table.

He winked at my son and said, "I happen to know that God thought that was a really great prayer." "Really?" my son asked. "Cross my heart," the man replied.

Then in a theatrical whisper he added (indicating the woman whose remark had started this whole thing), "Too bad she never asks God for ice cream. A little ice cream is good for the soul sometimes."

Naturally, I bought my kids ice cream at the end of the meal. My son stared at his for a moment and then did something I will remember the rest of my life.

He picked up his sundae and without a word, walked over and placed it in front of the woman. With a big smile he told her, "Here, this is for you. Ice cream is good for the soul sometimes; and my soul is good already."

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"What sunshine is to flowers, smiles are to humanity. These are but trifles, to be sure; but, scattered along life's pathway, the good they do is inconceivable."

- Joseph Addison

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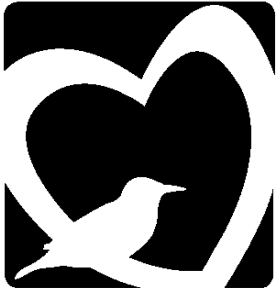
# Meadowlark Hospice

709 Liberty  
Clay Center, KS 67432

PHONE:  
(785) 632-2225

FAX:  
(785) 632-3557

E-MAIL:  
mhospice@cmcks.org



## MEADOWLARK HOSPICE

We're on the Web!  
See us at:  
[www.cmcks.org](http://www.cmcks.org)

### MEADOWLARK HOSPICE STAFF

#### Program Director

Kendra Schurle, RN BSN

#### Medical Director

Elizabeth Koerner, MD

#### Assistant Medical Director

Susan Thompson, MD

#### Patient Care Coordinator

Rita Wollenberg, RN

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Sherry Wiese, RN

Denise Beeson, RN

Paula Cherney, RN

Sherry Brown, RN

Debbie Hedke, RN BSN

Christine Smith, RN MS

Stacy Behrends, RN BSN

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Kay Lynn Mead, LMSW

Stephanie Garrison, LBSW

Lucy Papes, LASW

Donna Coufal, LBSW

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Dawn Phelps, RN/LMSW

#### Chaplain

Rev. Susan Sawyer

#### Volunteer Coordinator

Deb Pyle

#### Billing/Insurance

Ronna Urban

#### Administrative Assistants

Lisa Pierson

Charlotte Rundell

Lisa Seley

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