

◆ Meadowlark Notes ◆

Issue 24

Hospice serving Clay, Cloud, Marshall, Republic, Riley, Washington Counties

Spring 2002

MEADOWLARK HOSPICE

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What do you say? What can you do?

Christine Buchanan

Our pastor, the late Neil Bartley, was waiting for us after our home burned on a zero-degree day in January 1972.

He stood in the kitchen at Jim and BJ Smart's, where my husband Tom and I were sheltered that awful, freezing night.

Rev. Bartley didn't say a word. Opening his arms, he wrapped us in the warmth of his love and let us cry.

Earlier, Mary Alice Pacey came into the News office, where we were shakily finishing the week's paper.

"All I can do is cry with you," she said. Perfect.

The most positive thing we can do for those who have lost someone is to *be there*, says Lynn Kelly, author of the book, "Don't Ask for the Dead Man's Golf Clubs: Advice for Friends When Someone Dies."

Kelly, who started Kelly Communications in Littleton, Colo., 20 years ago, says, "Death is scary. We don't talk very much about it. We don't know what to do. We're afraid we'll do something wrong."

"Put on your hat and coat and go," she urges. You don't even have to say anything."

She describes a man who lost an old, old friend and went to be with the survivors. He didn't say anything. He just put his hand over

his heart"

Kelly writes and speaks from her own and others' grief experiences, including the death of her husband when she was 34 with three young children, as well as interviews with hundreds of people from ages 17 to 90.

Millie Gibson's husband died suddenly of a heart attack in the middle of the night.

She's never forgotten the neighbor who changed the bed, putting on fresh sheets. Or the couple who took her to dinner on Sundays.

"Anything they could do to help get through a couple of hours was important," Gibson says.

Frank Gilmore, in a hospice article, records specific ways to help.

- Ask "How are you sleeping (or eating?)—rather than the stock "How are you?"

- "I'm taking you away for the day."

- "When would it be convenient for me to take your car for an oil change? (or wash?)"

- Specifically ask if the bereaved wants to be left alone or needs company and when.

- "I want you to call me tomorrow." (more personal and warmer than, "Call me if you need something.")

(Continued on page 2)

New bereavement training expands role of volunteers

A new three-month bereavement training program developed by social worker Katrina Jones will expand the role Meadowlark Hospice volunteers fill in helping patients and their families.

"We've wanted to do this for some time," said Kay Lohmiller, social work supervisor.

Volunteers have primarily been engaged in doing things for patients before death, she said.

But hospice goals include help for at least a year after a death in addition to end-of-life care.

Beginning in February, the monthly continuing education volunteer programs focused on the new curriculum.

Session I included discussion of personal grief experiences, fears of working with those who

grieving, role of the volunteer, how to help and what to say or not say.

Session 2 focused on the grief process, the uniqueness of grief, rituals, signs of healing and changing the language of grief.

Session 3 zeroes in on building relationships during bereavement and their boundaries, listening, reminiscing and when and where to refer those who grieve.

"We think this enhances the work we do," Dianne Michaud, program director, said.

Lohmiller said Katrina Jones, Jewell County, who was hired after Meadowlark Hospice assumed responsibility for all of Cloud and Republic counties, did a terrific job compiling the material on bereavement.

What do I say? What can I do?

(Continued from page 1)

Author Lynn Kelly suggests sharing fond memories of the person who has died.

"Be honest. If you don't know what to say, don't be afraid to say so."

Because people rally around the bereaved immediately, Kelly reminds that concerned friends should be there over time.

"Stick with us," she says. "Be patient while I'm impatient and distracted.

"Nobody knows how we feel," Kelly says. "Don't judge the way people grieve."

"We go through anger, denial, depression, bargaining (should-would haves)."

Social workers note that "It takes as long as it takes," has

become a byword for many who work with bereavement.

Kelly suggests handwritten notes expressing sorrow when sending a card, note or letter.

Hospice nurse Rita Wollenberg was especially touched after the death of a loved one following a long illness by the handwritten comment: "We know you are experiencing both grief and relief."

Lynn Kelly recently completed a doctorate in communications from the University of Denver.

Currently, she is writing a book on how to help caregivers.

Editor's Note: "Don't Ask for the Dead Man's Golf Clubs: What to Do and Say and What Not to When a Friend Loses a Loved One by Lynn Kelly, Workman Publishing, NY, Copyright 2000, is available in bookstores and at www.amazon.com. For more information, call 1-888-401-6602.

Quilt project reaps still more publicity

Publicity on the Meadowlark Hospice international quilt project continues to enhance those efforts.

Salina Regional Health Center used an article and color picture in the Spring 2002 issue of *Vim & Vigor*.

Meadowlark signs two new nurses

Two new nurses have been employed to work with hospice patients, Shirley Johnson and Cynthia Weber of Concordia.

Johnson was director of nursing at Nazareth Motherhouse for Sisters of St. Joseph, Concordia, since July 2000.

Prior to that, she was director of nursing for NCK Hospice/Cloud County five years; made PRN visits for Hospice, Inc. one year, and did Home Health Care for the Cloud County Health Department 11 years.

She completed a nursing degree at Cloud County Community College and an LPN degree from North Central Kansas Vocational Technical School, Beloit.

Cynthia Weber has been director of nursing at Nazareth Convent and Academy in Concordia eight years, where she helped redesign and combine two nursing units.

Previously, she was staff nurse at Cheyenne Lodge in Jamestown, and staff nurse for Dr. Patricia Anderson, Concordia.

Weber earned a diploma from NCK Technical College, Beloit, and earned an associate of applied science degree from Cloud County Community College in 1990.

Nurse's Notes

The Nurse's Teaching Role

The thought of caring for a loved one at the end of life can be scary and challenging. Most family members, spouses, adult children or siblings often have a strong desire to provide care at home for their loved one but may need help learning the skills that are needed to provide that care.

Hospice nurses often hear the family member say, "I'm not a nurse" but also find that those same family members turn out to be great caregivers with some instructions and guidance.

The care needed by the patient at the end of life gradually increases, which allows for gradual teaching of the skills needed. The caregiver also needs to learn about what to expect as the patient's condition changes.

Some of the skills a caregiver may learn are giving medication properly, how to help the patient in and out of bed or to the bathroom, how to reposition the patient in bed and giving skin care.

The hospice nurse not only provides the demonstration or teaching of these skills but also the special tools needed such as a gait belt, bedside equipment and turning pads.

The "hands on" care of a loved one by a loved one can be very rewarding for everyone involved. We hospice nurses count it a privilege to help to facilitate that care.

—*Rita Wollenberg, RN*
Patient Care Coordinator

—
"Friends are those rare people who ask you how you are — and wait to hear the answer."
—

Calendar of Events

April 2002

No volunteer continuing education in April
April 25, Volunteer Appreciation Luncheon, noon,
First National Bank, Washington

May 2002

Continuation of sessions on bereavement

- May 8 Clay County Volunteer Continuing Education, 12 noon, Clay County Medical Center, Education Room, Clay Center.
- May 13 Cloud County Volunteer Continuing Education, 10 a.m., United Methodist Church, Concordia.
- May 13 Belleville Volunteer Continuing Education, 12 noon, United Methodist Church, Belleville.
- May 21 Washington County Volunteer Continuing Education, 9:30 a.m., Extension Meeting Room, Courthouse, Washington.
- May 21 Marysville Continuing Education, 12 noon, Community Memorial Healthcare, Meeting Room C, Marysville.
- May 21 Frankfort Volunteer Continuing Education, 2 p.m., Frankfort Care Home, Conference Room.

June 2002

- June 10 Cloud County Volunteer Continuing Education, 10 a.m., United Methodist Church, Concordia.
- June 10 Belleville Volunteer Continuing Education, 12 noon, United Methodist Church, Belleville.
- June 10 Republic Volunteer Continuing Education, 12 noon, United Methodist Church, Republic.
- June 12 Clay County Volunteer Continuing Education, 12 noon, Clay County Medical Center, Education Center, Clay Center.
- June 18 Washington County Volunteer Continuing Education, 9:30 a.m., Extension Meeting Room, Courthouse, Washington.
- June 18 Marysville Volunteer Continuing Education, 12 noon, Community Memorial Healthcare, Room A, Marysville.
- June 18 Frankfort Volunteer Continuing Education, 2 p.m., Frankfort Care Home, Conference Room.

Our thoughts are with these families

- | | | |
|--------------------|------------------|------------------|
| ■ Arlen Coltharp | ■ Marvin Riggert | ■ Gladys Ashley |
| ■ Jerry Hayworth | ■ Patty Krohn | ■ Donna Wohler |
| ■ Gilbert Pralle | ■ Rudolph Volen | ■ Ellen Toburen |
| ■ Howard Tebow | ■ Martha Polage | ■ Jeanette Fell |
| ■ Rose Watters | ■ Robert Brown | ■ Janet Peterson |
| ■ Ethel Gum | ■ Lester Rahe | ■ Charlene Burns |
| ■ Virginia Edwards | ■ Norma Scriver | ■ Narveene Brzon |
| | ■ Ray Bramwell | |

Ten new volunteers join hospice team

Ten new volunteers have joined about 100 others, according to coordinator Charlotte Topel. Of these 10, four are from Belleville, four from Frankfort and two from Clay Center.

Topel said several of these volunteers started serving patients immediately.

Meadowlark staff conducted new volunteer training at Frankfort and Belleville in January.

■ **Veda Brannan** returned to her hometown, Clay Center, in 2000, after working 43 years for the state and county hospitals in Norton, where she also served as a hospice volunteer.

■ **Bill Brazil**, Belleville, a Kansas pastor for 35 years, previously was active in Beloit's hospice group and has encouraged participation at Meadowlark Hospice meetings in the United Methodist Church in Belleville. His wife's name is Lynda.

■ **Grace Burandt**, Belleville, taught school four years, was a certified nurse's aide (CNA) at Republic County Hospital, worked five years at Bell Health Care and 10 years as chapel sitter at Tibbitts Funeral Home.

■ **Nancy Lee** works at Intrust Bank in Clay Center, is active in her church and a one-on-one mentor, who hopes to help others as she was helped during cancer treatments. She and husband Eugene have two sons.

■ **Edna McClary**, Frankfort, spent 27 years as a nurse's aide, eight at Community Memorial Healthcare in Marysville. Several losses convinced her to help others going through personal loss.

■ **Edith Mentgen**, Frankfort, has been in the farming business 53 years with her husband, was a 4-H leader 40 years and a religion teacher 15 years.

■ **Leona Rogers**, Belleville, retired after 20 years as supervisor at Orthopedic Factory, enjoys traveling with her husband, and was organist in her church. Initially unsure about serving terminally ill patients, she said she finds it rewarding.

■ **Vickie Walker**, Belleville, once owned a day care center, has helped in the office of her physician husband Andy, has worked as a travel agent and has been active in 4-H as a member and leader.

■ **Sylvia Wapp**, Frankfort, a hospital staff nurse for 14 years, currently works at Onaga Hospital. An active member of the Catholic Church, she wants to be a hospice volunteer in her spare time.

■ **Nellie Wessel**, Frankfort, has more than 30 years' experience working in nursing homes. Previously, she was a volunteer with Sioux County Hospice in Iowa. She is married and has nine children.

Volunteer Don Dejmal dies

Don Dejmal, 69, a hospice volunteer from Munden, died Jan. 9 at his home.

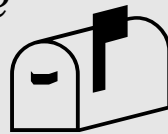
He became a volunteer after reading a notice in his church bulletin in Narka.

His interest was spurred by his dealings with cancer. A dedicated volunteer, he accepted every request made of him, the hospice staff said.

Last May, Dejmal shared many poignant and revealing thoughts in a letter to his wife Inez and their seven children, which Inez shared with the hospice staff: Here are excerpts:

" . . . we should be able to . . . really see and appreciate . . . the countless miracles of this beautiful earthly experience...

Mail Time at the Office



Excerpts from our letters

" . . . our future is now. Everyone who now lives will meet death . . . I am one of the fortunate group who have received one more notice that their life journey is near its end.

I will use (this time) in living . . . watching each day . . . showing love to my wonderful helpmate . . . appreciation to my fine family . . . do all I can to help any one. . . "

I cannot imagine going through this part of my life without Hospice. They went beyond any duty just to make it easier for us. I really can't say enough that would do justice. They are fantastic in my book.

I am very proud of our Meadowlark Hospice. Nurses, social workers, office staff are all caring people. I recommend them often.

I can't begin to say how wonderful it was to have been involved with Hospice. There just aren't enough nice words to express how great everyone was to us and what a great help everyone was.

Introducing . . .

In 17 years Fay May has never wanted to quit as volunteer

"I've never felt like quitting," Fay May said of her 17 years as a hospice volunteer in Clay Center.

The date is easy to remember. She started after her husband Harold "Bud" May's aunt died.

May was impressed when Marcella Bechard, who directed hospice at that time, come to church all dressed up in a yellow suit— then spent four hours sitting with Bud's aunt during her final hours.

The Clay Center native first married Jack Kurz, who in the military, was stationed from California, to Midway Island to Camp David in Pennsylvania.

Their three sons live in Pennsylvania and Maryland, and John is deceased.

Twenty-one years ago in August, Fay married Harold "Bud" May, a state highway department mechanic, whose wife Rachel had died. Longtime friends, the two couples ran around together in Clay Center, Fay said.

Fay is a 17-year Volunteer Income Tax Assistant (VITA) doing tax counseling for the elderly (TCE).

The couple help with Meals on Wheels, and for awhile she worked one day a week at the local leisure center.

Eye transplant pivotal point in Lila Tiemeyer's life

Having an eye transplant in 1980 after she lost an eye infected with shingles heightened Lila Tiemeyer's appreciation for organ donations.

"I've always wondered . . . I'd like to know who the eye came from," the Palmer woman said.

Exactly a month after her husband Ohmer died from cancer on July 2 last year, Lila again had emergency eye surgery.

When unmanageable high pressure from glaucoma threatened to destroy her vision, ("I couldn't see to walk. I couldn't see to sign my name to the papers"), a Salina doctor performed an evening operation that was successful.

A nurse's aide at Clifton and Linn nursing homes, Lila cared for her father, Joseph Schumock, until

he died from leukemia in 1966.

When Marcella Bechard offered several weeks of hospice training in Clifton, Lila was there. And she's been there for patients ever since.

At that time, volunteers handled baths, medication, changing bedding, moving patients—things home health care and hospice nurses do today.

"It was a lot of responsibility," "They depended on your care, she said. She added, "You just get attached to people."

The longtime volunteer likes to sew and tie quilts. She's a member of St. Paul Lutheran Church.

The Tiemeyers farmed 49 years, moving into town five years ago. The have three sons who live in Clifton, Morganville and Leroy.

Meadowlark rates high on service to hospice patients

Recent review of surveys, which check family satisfaction satisfaction with Meadowlark Hospice service after a patient is gone, show 80 percent "very good" to "excellent" responses in five categories

Categories included physician service, hospice nurse, social work services, hospice pastor or own pastor, and volunteers.

Of 20 responses, 11 indicated the highest rating or excellent, and five marked very good. One, that of volunteers, was blank.

In yes or no answers to more specific questions, virtually all — 27 of 28— received affirmative answers.

These questions included whether staff and volunteers were courteous and professional; pain and other symptoms were well controlled; hospice helped cope with loss; family received emotional support; follow-up/bereavement support was explained; family would recommend hospice to others.

Personal comments were equally enthusiastic and positive.

"The positive results of the family survey reflect the care, dedication and compassion our nurses, social workers and volunteers have towards our hospice patients and families," said Dianne Michaud, program director.

"Yelling to make your children obey is usually about as logical and effective as trying to steer your car by blowing the horn."

Thank you, each one, for your memorial gifts

Thank you, friends, for your memorial gifts, which benefit patients with special needs. Your generosity honors your loved ones and the patients that hospice serves.

Tree of Light

Greg & Shanna Sterling
Phillip & Sandra Kingston

Hospice Gift

Warren Anderson
Catholic Daughters of the Americas
Baby blanket/pillow set for Hospice Family Room Mizpah United Methodist Church, Clay Center

Donna Fuller

Jr. & Peg Weidman

Derele Knepper

Kenneth "Jack" Blackwood

Family of Howard Gray

Little Blue River Parish

Norway, Kan., E.L.C.W.

Harold Johnson

Free Baptist Mission,

Jamestown, Kan.

Ruby Hatfield

Dianne Ahrens

Auxiliary Past Presidents

VFW Auxiliary #588,

Concordia

Ruth Dejmál

LaVerne Palecek

Jerry Hayworth

Lee & Edna Hoffman

Nell Adams

Delmar & Rose Curran

Lanny & Sherry Hess

Fourth & Pomeroy Associates

Mary Kopfer

Marian Sanberg

Howard, Marcene Wachslicht

Wilbur & Patty Fowles

Stan & Alice Lohmeyer

Bob Black

George & Hulda Holte

Elaine Hinkle

Jeff & Susie Mall

James & Donna Klein

James & Susan Beck

Linda & Sam Gibbs

Thomas Gilbert

Robert & Charlene Batchman

Jerry & Cindy Habluetzel

Henry & Chole Rutz

Roy & Joyce Jennings

Bertha M. Rutz

Bobby & Jo Ray

Ron & Bev Carlson

Edward, Willametta Hoffman

Elk's Club #2253, Clay Center

Erwin & Neva Miller

Ray Robinson

John & Irene Jensen

Eddie & Joan Ryder

Dwight & Leslie Hoffman

Wayne & Kay Culley

Beverly State Bank

William & Peggy McLaughlin

Raymond L. Stewart

Florence Stewart

William Schotte

Immanuel Evangelical

Lutheran Church

William Voelker

Nyla Voelker

Merle "Bud" Widen

Jack & Hannalesa Roney

Ethel Gum

Amy & Jerry Meeks

Mrs. William Rinehart

IOOF Rebekah Lodge #337,

Blue Rapids

Friends & Neighbors

Donald, Leanna Stenglemeier

Lucille Holscher

Madeline O'Neil

Delores Wanklyn

Kenneth Hopper

Marvin & Shirley Cowell

Ruth McDonald

Dale Smith

Don Lolly

Bob Gumm

Ed Michel

Dorothy Kinney

Gary Gumm

Dave & Jean Ann Stewart

Gary Gibson

Gilbert Gibson

Dale Ann Bjork

Howard & Evelyn Baker

Dorothy Gerstner

Blue Rapids Rebekah Lodge

#335

Ruth Olson

George Olson

Martha Polage

Thomas & Alberta Parry

Rudolph Volen

Herb & Margaret Gier

Andrew & Lola Mae Broden

Ailene Minturn

Lafe Bertrand

Arlene Reed

Eric & Gerri Carlson

Beauford & Ellen Rook

Roger & Patti Clark

Alvin & Mary Crawford

Trinity Lutheran Church,

Greenleaf

Juanita Wade

Jim & Karen Patterson

Larry Ford

John Martin

Victor Linenberger

Thomas & Alberta Parry

Muriel "Mick" Oetinger

Louise Brinegar

Judy & Lex McClean

Mike & Nancy Ryan

Lillian & Allan Gilbert

Paul & Helen Williams

Mildred Rundle

Ilene Ehrsam

Gary Oetinger

Elsie Mugler

Roberta & Ray Keen

Robert & Edwinna Sanneman

Olive Holtz

Beuford & Ellen Rook

Friends & Neighbors

Audrey Pfizenmaier

Richard & Holly Oetinger

Beverly Cheney

Marilyn Cramer

Jason & Wendy Kaus

Raymond Bramwell

Wayne & Debbie Fowler

Kenneth & Lucille Herman

Billie Lee & June Jackson

Mrs. Clifford Cyphers

George & Mary Jo Meyer

Arvedale & Marguerite

Erickson

Erida Herbin

Jean & James Buckley

Gilbert Pralle

Duane Pralle

Marcella & Kenneth Craig

Don Germann

Alene Peterson

Dorothy Friesen

Inez Sterrett

Marvin Riggert

Verna Riggert

William Mahin, Sr.

Clarence & Ethel Nelson

Don Dejmál

Roger & Elizabeth Dejmál

Mary & Dennis Avery

Dale & Mona Koop

Friends & Neighbors

Don & Gay Anderson

Dennis & Mary Avery

Don & Joanne Baxa

Bud & Norma Beneda

Roger & Pat Benyshek

Lois Blad

Loren & Judy Blazek

David & Retha Blecha, family

Amos & Joyce Blecha

Kelvin Blecha

Henry & Mildred Blecha

Jim & Ronda Blecha

Lonnie Boman

Larry Boman

Isadore & Ruth Bombardier

Kale & Kathy Brokesh

Russell & Marilyn Burton

Marcy M Chaloupka

Harry & Shirley Ghermak

Larry & Joan Chopp

Lorene Cossaart

Lonnie & Roberta Craig

Gary Dahl

Norman & Jean Davis

Bob Dejmál

Douglas & Nancie Dejmál

Ann Dejmál

Joe & Candy Dejmál

Jim & Donna Dejmál

Ines Dejmál

Max & Huetta Derowitch

Mark Derrick

Darrell & Ledona Dowell

Scott & Vickie Dozier

Grace Fiala

Chris & Melanee Ford

Beverly George

Mr & Mrs Butch Gieber

Dennis & Sue Gustafson

Merle & Debbie Hadecek

Paul & Pat Handlely

Marlin & Charlotte Havel

Charles & LeEnora Heina

David & Janet Heyka

Brad & Paula Hobelman

& girls

Ben & Marcia Holloway

Gary & Ann Houdek

Mr & Mrs Dale Hurcovsky

Jim & Evelyn Hurley

Leta Janasek

Terry & Susan Jelinek

Al & Mary Jones

Mr & Mrs Gary Junek

Helen Kalivoda

Dewayne & Sharon Kalivoda

Mary Kasl

Barbara King

Charles & Roberta Klima

Ernest & Helen Kvasnicka

Paul & Lois Kuchera

Bohman & Mary Kunc

Alberta Lallak

Todd & Geri Larson

(Continued on Page 7)

Thank you, each one, for your memorial gifts

Francis & Iolene Levendofsky	Billy Joe & Sharon Strnad	Glenn Elliott	Jerry & Beverly Hedke
Butch Loring	Josephine Strnad	Bonnie & Earldeen Olsen	Cynthia Croddy
Kathleen & Roland Marsicek & Family	Stuart & Carole Sutton & Family	Mildred Lull	James & Jean Wohler
Mark Melby	William & Pat Taylor	Donald & Thelma Robinson	Friends & Neighbors
Harold Mitchell	Keith & Jan Thomas	Victor & Leah Wall	Ralph & Verneal Kaump
Alan & Diana Moberly	Bill & Lorena Trzicky	Friends & Neighbors	Gail & Beverly Roepke
Walter & Virginia Molzahn	Henry & Betty Trzicky	Helen Muldrew	Barbara Toombs-Moore
Bob & Joan Molzahn	Randy Tucker	Basil & Bonnie Elliott	The Makeover
Ella & Bon Moravek & Family	UMB Bank, KC, Mo.	Paulie Parry	Howard Tebow
Gene & Katie Murphy	Dale & Berny Unruh	Alexine M. Odette	Catherine Tebow
Bill & Eleanor Navis	Charles & Marge	Karen & Don Breault	Jean Tegtmeier
NCK Assn of Artists	Vieselmeier	Kenneth "Jack" Blackwood	Don & Marcella Bechard
Johnny Nyland	Duane & Debra	Catherine Newell	Nyla Voelker
Vincent & Judy Pachta	Vorderstrasse	Roland & Ilene Newell	Wilbur Tegtmeier
Garry & Jenny Pachta	Rev. Marion Walker	Harold & Fay May	Robert Estes
Joe & Catharine Pachta	Ray & Sylvia Weaver	Chuck Marshall	Mobert & Roselean Perrin
Russ & Betty Peterson	Don & Katherine Wilber	Lynn & Jane Maddy	Rudolph Volen
Arden & Carol Peterson	Brad & Darice Wilkinson	Margaret Campbell	Cletus & Devone Siebold
Robert & Lesley Popelka	Ray Wills	Don Germann	Stanley Petermeyer
Ed & Barbara Popelka	Ross & Alice Wineinger	Henry & Lois Tillinghast	Herb & Margaret Gier
Lavern & Sharon Potuzak	Alice Wiruth	Donna Wohler	Nathan "Pat" Patterson
Wilma Potuzak	Bob & Terri Woolsey	Treva Steele	Donna Long & Family
Richard & Sonia Raney	Dale & Eris Young	Eileen Jacobson	Wilbur & Patty Fowles
Daryl & Kristine Raney	Iva Young	Lorraine Keller	Jill & Kurt Haberer
Milan & Lottie Rataj	Alan & Kris Younger	Ina Roeth	Anne Rupe
Jim Reed	Frank & Rosie Zach	Lee & Shirley Wohler	Joe & Phyllis Trautwein
Marcella Davidson	Robert Brown	Dwayne & Charlene Roepke	Mark & Patti Woodruff
Regensheid	Friends & Neighbors	Arlene Ulrich Kaump	
Ray & Beverly Reynolds	Betty L'Ecuyer		
John & Dorothy Rhine	Bertha Compton		
Faye Rizek	John & Edith Kerr		
Don & Ruth Rizek	Basil & Bonnie Elliott		
Daryl & Kristine Roney	Laura Compton		
Jerry & Beverly Ronnebaum	Duane & Pat Compton		
Lanette Rosener	Yvonne Peil		
Sharon & Katy Rundus	Audrey & Ken Peil		
Gene & Tandy Rundus	Calvin Slater		
Larry & Leora Rundus	Eunice Allen		
Jamie & Janell Rundus	Donald & Thelma Robinson		
Rudy & Norma Rundus	Dean & Lorna Kerr		
Mary Rundus & Family	Helen Muldrew		
Ronald Schwab	Donald & Ruth Flagh		
Steve Sederlin	John & Amanda Simmons		
Josephine Sheridan	Victor & Leah Wall		
Marvin & Donna Shoemaker	Mary Ann Drummet		
Boyd & Donna Silsby	Marvin & Donna Shoemaker		
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Marvin & Maria Sterba	Walt & Ruth Bell		
Mike & Marcia Stevenson	Lydia Dragoo		
& family	Maxine Rose		
Shirley & Phyllis Strnad	Harry Emrick		

Thank you, volunteers

Attendance is up at continuing education meetings and new volunteers have joined the group. Thanks this quarter to:

Ann Ackerman, Carrie Anderson, Mary Bertsch, Margaret Blaske, Veda Brannan, Bill Brazil, Fr. Richard Brooks, Christine Buchanan, Grace Burandt, Vera Burge, Daisy Carlson, Marie Derausseau, Irene Duitsman, Betty Evert, Jean Farle, Ernie Foster, Gary Griffiths, Edna Hatfield, Lorna Heitman, Janet Helmerichs, Gevine Hoesli, Dennis Holst, Nancy Holst, Mary Agnes Johnson, John Kelly, Carol Kirtley, Dan Kline, Jean Kraemer, June Laha, Mildred Lull, Catherine Marcotte, Fay May, Edna McClary, Edith Mentgen, Helen Meyerhoff, Sr. Julia Norton, Mary Alice Pacey, Shirley Pacey, Mattie Patterson, Virginia Petersen, Bernita Reinert, Sr. Teresa Rigel, Leona Rogers, Bernard Rohde, Billie Rohde, Eunice Samuelson, Pat Simmons, Connie Smith, Jan Taylor, Lila Tiemeyer, Nelda Ungerer, Sr. Ann Vincent, Marcene Wachslicht, Sylvia Wapp, Darlene Weatherhead, Dona Welborn, Jane Werner, Nellie Wessel. —Charlotte Topel
Volunteer Coordinator

About your newsletter—

Little did Dorothy Richardson of Belleville know what she was starting when she suggested we do an article about things to say that would help people who grieve. Nor did I ever intend to begin the front page story with a personal experience.

In preparation, I talked to several people who had lost loved ones, and read several articles, including a manuscript I wrote many years ago.

Then I called a toll-free number to order a book written by Coloradoan Kelly Lynn, subject of one of the articles. The staff member who answered the phone asked if I would like to interview Lynn. Of course!

Summarizing so much good information for a newsletter with limited space turned out to be overwhelming. But completing “What do you say? What can you do?” for the readers of Meadowlark Notes was time well spent. —CLB

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- Christine Buchanan, P.O. Box 6, Washington, KS 66968; 785-325-2343
e-mail: buchans@washingtonks.net; fax: 1-785-325-3351
- Website: ccmcks.org (look under Hospice)
- Personnel are available to present programs to area organizations.
Contact Kay Lohmiller at 785-632-2225.

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