

◆ Meadowlark Notes ◆

Issue 22

Hospice serving Clay, Cloud, Marshall, Republic, Riley, Washington Counties

Fall 2001

MEADOWLARK HOSPICE

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Meadowlark Hospice
2220 Seventh Street
Clay Center, KS 67432
785-632-2225
www.ccmcks.org

Patient care requires hours of 'windshield time' for nurses

Today, as usual, hospice nurse Deb Martin has called her patient in Belleville to say she is on her way, a 67-mile trip.

She has just visited a patient in Clay Center and finished some paperwork at the hospice office (an hour visit entails about 15 minutes of record-keeping, in addition to cleaning equipment).

Frequently as she's driving, Deb plays tapes designed to meet continuing education requirements.

Windshield time in the five-county area served by Meadowlark Hospice is considerable for its eight nurses and four social workers.

In Belleville, Deb taps on the door and enters the couple's comfortable apartment. The elderly patient, who has cancer, is glad to see her nurse. So is her husband, who continues to be the patient's best friend and caretaker. "We're buddies," he says.

They discuss the night's rainfall, their family, the week's national events, her restlessness at night, his plans to take the bus downtown as soon as their new two-afternoons-a-week caregiver arrives.

Deb helps the ill woman, who asks to move from her recliner to her wheelchair, checks her general condition, and says she seems to be doing well.

"You've done a great job of taking care of each other," she tells

them both. Throughout the hour-long visit, Deb is cheerful, friendly and caring.

During a discussion of medication to help her patient sleep, Deb notes the dosage can be doubled.

Like all hospice nurses, Deb follows a guide list in checking her patient, recording her observations in a notebook that stays in the home.

Later she will call a family member for more evaluation of how things are going.

Deb adapts her routine to the patient. "You're the boss," she tells her. That may mean giving her a bath or setting up meds.

If a medication change is indicated, Deb will call her doctor as well as the pharmacy.

Hugs all around bring the twice-weekly visit to a close.

Leaving town, Deb stops for a cold can of pop (probably her lunch), and heads back to the Linn Community Nursing Home, where her patient and his wife wait in his room.

Her visit with both of them is loving and cheerful as she thoughtfully questions how each one of them is doing.

Before she leaves, she tells them hospice staff will be evaluating continued care and stops at the front desk to fill out her report.

The mother of four, Deb has a broad background in nursing.

(continued on Page 2)

Quilt project generates widespread publicity

Meadowlark Hospice's international quilt project, which will end in November, has generated considerable publicity.

Four queen-size quilts, four quilted pillows and one framed quilt block will be given away in a fund-raising event that has grown beyond all expectations.

During November, National Hospice Month, drawings for two quilts will occur during an open house in Clay Center Nov. 10.

Two quilts will be auctioned on Clay County Medical Center's web site, www.ccmcks.org, a week later.

In the meantime, a page story and pictures are expected to appear in the Salina Journal Oct. 7.

Linda Yarrow, who initiated the project, and Dianne Michaud, Meadowlark Hospice director, will appear on WIBW, Topeka's 5 o'clock news Oct. 18.

The quilts were displayed at a

Topeka quilt show and will be entered in Salina's quilt show Oct 20-21, as well as communities in the hospice service area.

The unusually beautiful and inspirational cross-stitch quilt blocks were completed by individuals throughout the world. Most of them have experienced hospice's end-of-life care through friends or family members.

Many quilters in the Concordia, Washington, Hanover, Courtland and Clay Center areas pieced and quilted the eight items. Each queen-size quilt has more than 3,000 pieces, according to Irene Duitsman.

Considerable time and donated materials have made the project work, including framing for the quilt block wall hanging.

For more information, contact Meadowlark Hospice at 785-325-2225 or on the internet, wwwccmcks.org.

Eleventh year for Trees of Light

This year: Tree of Light & Remembrance

For the 11th year, Meadowlark Hospice will have Trees of Light in its service area to remember loved ones in a special way.

"This will be the first year that this hospice has served Cloud and Republic counties and we look forward to having a Tree of Remembrance there," said Kay Lohmiller, social worker.

Last year, Marshall County had its first tree, while Clay and Washinton counties have made them a tradition.

This year, official title will be The Tree of Light and Remembrance, Lohmiller said.

Local committees are arranging

for the trees and planning services where names of loved ones and donors will be read.

A donation of \$5 provides one memorial on a tree.

"Gifts aid Hospice in helping people live their final days with dignity and comfort at home or in a homelike setting among family and friends," Lohmiller said.

A coupon appears on Page 7.

Clay Center's ceremony will be Friday, Nov. 25, at 5 p.m. on the courthouse square; Washington's will be Dec. 1, before noon, also on the courthouse square.

Watch your local newspaper for dates, times and locations.

Hospice nurse

(continued from Page 1)

She has been a surgical and an intensive care nurse, helped start a crisis unit at Menninger's in Topeka, worked at the veteran's hospital and a nursing home, also in Topeka.

"This is such a change," she says of her part-time hospice work. "But it's equally rewarding. To have life come full circle. To have families work through their feelings. To see the family's closeness. To put closing to a life."

Other Meadowlark Hospice nurses are Sherry Wiese, Anita Droll, Debbie Hedke, Brenda Dvorak, Kirstin Jackson, Linda Harcourt, Vonda Pumarlo and Rita Wollenberg.

Some phrases don't comfort

These cliches have been identified by social workers as statements that may not help someone who is terminally ill or those who are grieving.

■ "I just know how you feel." *(There's no way to know.)*

■ "We are never given more than we can handle." *(A subtle criticism of the sufferer's coping skills.)*

■ "It's God's will." *(How can you be sure?)*

■ "I'm sorry." *(There is no adequate response to those words and it's best not to use them.)*

■ "Call me if there is anything I can do." *(Too general.)*

■ "She lived a good, long life and it was her time to die." *(It hurts whenever life ends.)*

■ "You must be strong for your children." *(Being strong may be more damaging than grieving.)*

Social Worker's Notes—
**Hospice social workers
 prepare for bereavement
 support groups**

In the spring and fall of each year, Meadowlark Hospice social workers invite both hospice families and anyone bereaved in the communities we serve to be part of a bereavement support group.

A group is formed in each of the five counties which are served by Meadowlark Hospice.

During support group sessions, the social worker provides education about various bereavement issues, but just as important, facilitates group members as they share their personal loss experiences.

In the fall we focus on grief issues surrounding the coming holidays.

Many benefits can be gained from these support groups, including connecting with others who are having similar experiences, and also gaining an understanding that each grief experience is unique, but almost always healthy and normal.

Watch and listen for dates and times of coming support groups in your counties.

And be sure to invite anyone you feel may benefit from a support group.

—Katrina Jones, LBSW

Calendar of Events

OCTOBER

- Oct 8 Cloud County Volunteer Continuing Education, 10 a.m., United Methodist Church, Concordia.
- Oct 10 Clay County Volunteer Continuing Education, 12 noon, Clay County Medical Center, Education Room, Clay Center.
- Oct 16 Washington County Volunteer Continuing Education, 9:30 a.m., Extension Meeting Room, Courthouse, Washington.
- Oct 16 Marshall County Continuing Education, 12 noon, Community Memorial Healthcare, Meeting Room C, Marysville.
- Oct 16 Frankfort Volunteer Continuing Education, 2 p.m., Frankfort Care Home, Conference Room.
- Oct 24 **Belleville New Volunteer Training. American Lutheran Church, 2304 M St, Belleville.9:30 to 3 p.m. Lunch provided.**
- Oct 31 **Concordia, New Volunteer Training. First United Methodist Church, 9:30 a.m. to 3:30 p.m. Lunch provided by Meadowlark Hospice.**

NOVEMBER - National Hospice Month

- Nov 7 **Frankfort New Volunteer Training. Frankfort Care Home, 9:30 a.m.to 3 p.m. Lunch provided.**
- Nov 12 Cloud County Volunteer Continuing Education, 10 a.m., United Methodist Church, Concordia.
- Nov 12 Republic County Volunteer Continuing Education, 12 noon, United Methodist Church, soup and salad lunch provided by Republic volunteers.
- Nov 14 Clay County Volunteer Continuing Education, 12 noon, Clay County Med Center, Education Center, Clay Center.
- Nov 20 Washington County Volunteer Continuing Education, 9:30 a.m.,Extension Meeting Room, Courthouse, Washington.
- Nov 20 Marshall County Volunteer Continuing Education, 12 noon, Community Memorial Healthcare, Room A, Marysville.
- Nov 20 Frankfort Volunteer Continuing Education, 2 p.m., Frankfort Care Home, Conference Room.
- Nov. 23 **Tree of Light & Remembrance, Clay County Courthouse Square, 5 p.m.**

DECEMBER

No volunteer continuing education in December

- Dec. 1 **Tree of Light & Remembrance, Washington Co. Courthouse Square** (*watch for other dates and times in your newspaper*).

*Our thoughts
 are with
 these families*

- | | | |
|-------------------|--------------------|------------------|
| ■ Ohmer Tiemeyer | ■ Bernard Wilson | ■ William Dopp |
| ■ Laverna Uffman | ■ Carl Adkins | ■ Frieda Goodson |
| ■ Vernon Folsom | ■ Clarence Merrill | ■ William Lyhane |
| ■ Alvena Gieber | ■ Helen Wilson | ■ Laura Walker |
| ■ Francis Rowland | ■ Dorothy Moser | ■ Laura Shepek |
| ■ Harriet Osher | ■ Betty Beeson | ■ Diann Ruzicka |
| ■ Marjorie Knox | ■ Robert Blad | ■ Norma Wiedman |
| ■ Earl Lytle | | |

From the Director—

Three hospice quilts done

After months of planning, cross-stitching, cutting, piecing and sewing, and quilting, we are very pleased to let everyone know that we now have three of the quilts finished. The pictures do not do them justice.

They are truly awesome. We all are in awe of the talents, dedication and love of all who worked so hard to make this project a reality.

A group of Concordia quilters are anxiously awaiting their final cross-stitch quilt block so they can complete their work.

It is also touching to read each dedication that goes with each square; it confirms how important Hospice is to people internationally.

To read these dedications, go to our web site at www.ccmcks.org and click on "Hospice."

We would like to express a huge THANK YOU to all of you who have worked on this project in any way. The countless hours, dedication and love you have put into this project is amazing.

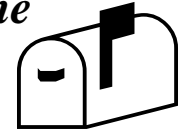
A big THANK YOU to Linda Yarrow who organized and coordinated this project.

I hope all of you will get to see the quilts when they are displayed in your area. Thank you to all involved.

If you would like more information on the quilts, please contact our office.

—Dianne Michaud
Program Director

Mail Time at the Office



Excerpts from our letters

Thanks for your wonderful care of my dad. Now I really know how much Hospice means to families. You were great.

— —

I would also like to thank you for the brochure you sent to Dad called A Time to Mourn.

The family appreciated reading the information that it contained.

— —

Thank you for being there for us.. we know he is at peace now. "God bless."

Nurse's Notes—

Fatigue, a symptom associated with end-of-life care

There are many distressing symptoms associated with end of life care. One of these, fatigue/weakness, is often associated with any advanced illness, particularly terminal illness. It is often mistaken as an individual's "giving up." The underlying cause is often overlooked.

Some causes of fatigue include anemia, sleep deprivation, endocrine disorders (adrenal insufficiency, hypothyroidism or hormonal imbalance); generalized infections (urinary tract infections, upper respiratory infections, etc.); mood disorders (such as anxiety, depression or agitation); and respiratory compromise.

Many of these causes can be corrected with medication, and for those with respiratory compromise, oxygen may be considered. Possible causes may also include

side effects of medications. The physician may decide to taper or discontinue any medication that may lead to fatigue/weakness.

Many approaches to decrease this symptom may include energy conservation techniques associated with activities of daily living, such as balancing rest with activity, scheduling important activities during most energetic periods of the day, eliminating nonessential activities, supporting self-care interventions regularly, and educating the patient and caregivers regarding adverse effects of prolonged bedrest and excessive inactivity.

It's important to set realistic goals for daily living and help establish activities and priorities within individual limitation. Many times, physical therapy and occupational therapy can help with

assessing the individual, provide teaching exercise programs and use of assistive devices such as a cane, walker, wheelchair, etc.

Fatigue/weakness generally do increase as the person gets closer to death and goals often have to be reevaluated. Patients who are too fatigued may require passive movement of their joints every 1 to 2 hours. To prevent skin breakdown, turning the individual every 1-2 hours is essential until that person approaches death. As this occurs, the concern for skin breakdown as well as decreased fatigue becomes less important.

—Debbie Hedke, RN
Meadowlark Hospice

If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep, you are richer than 75% of this world.

Introducing . . .

Hoesli liked hospice immediately

In November 1997, Gevine Hoesli's husband died from cancer. Meadowlark Hospice had set up his room at home in Clyde, but he died just 11/2 hours after he got home from the hospital.

Nevertheless, Gevine already realized what great people the staff and volunteers were and decided she might have something to offer hospice.

"There's a good feeling about being able to do something for somebody in need," Hoesli said. "You get just as much out of it."

For 35 years, the Hoeslis have owned the grocery store in Clyde. LaRoy, a native of Minneapolis, Kan., had always worked for Boogaarts prior to operating his

own store.

Today, their sons Robert and Jerry run the grocery store, while Gevine does the books.

"We have five daughters who live all over the country," she said.

They have 16 grandchildren and four great-grandchildren, the youngest born in September.

Active in the community, the Aurora native attends Chamber of Commerce meetings, serves on the Parish Council for St. John the Baptist Catholic Church and as Eucharistic minister for the church.

I spend a lot of time going to grandkids' events," she said.

"Three of them live right across the street."

Eunice Samuelson married educator, now regular volunteer

For some time, becoming a hospice volunteer had been at the back of Eunice Samuelson's mind.

Then the dietary manager at the Frankfort Care Home, where Eunice's husband resides, suggested the possibility.

Recruits were needed for new hospice volunteer training coming up. And training was needed because the number of patients from Marshall County was increasing.

Unexpectedly, Samuelson's first hospice assignment was a patient at the Care Home. "It was easy to do small things that take only a few minutes."

In addition to hospice, Eunice spends many volunteer hours at the Care Home for RSVP. "So they already knew me," she said.

Every other month she plays

the organ at Salem Lutheran Church, 10 miles from Frankfort.

A native of Sherman County who grew up not far from Goodland, Eunice, with her husband Harry, moved to Frankfort, where he was high school principal the last nine years of his career.

"He took early retirement because of progressive deafness," his wife said.

While his vision is excellent, he now has to deal with Parkinson's disease and has been at the nursing home seven years.

The first of October, Eunice had a ticket to fly to Connecticut to visit their son and his family.

A son in California and daughters in Tulsa, Okla., and Minneapolis, Minn., also keep in close touch. The couple has 13 grandchildren from ages 30 to 11.

Edna Hatfield helped hospice since beginning

When someone from the new Clay Center Hospice spoke at her extension unit, Edna Hatfield decided she'd like to volunteer.

For a long time she went each week to the home of a man who had been in the hospital, doing things with and encouraging his wife. After the woman died unexpectedly, Edna continued to lend a hand.

"I enjoyed doing something to help," said the 86-year-old, who finds that hospice has changed over the years.

A member of the Reformed Presbyterian Church that moved from the country into town, the Clay Center woman has been state president of the Women's Christian Temperance Union twice and currently serves as vice president.

On the national level, she was responsible for conventions, with different meeting sites every year.

Her husband Jim started going with her, taking vacations when the conventions were over.

In 1989, he and Edna stopped in Georgia on their way home, staying overnight with a daughter, then going on to Columbus, Ga., to see another daughter.

Since Jim wasn't feeling well, Edna recalled taking him to a doctor, who put him in the hospital. Jim died the next morning.

The couple's son died five years ago in South Dakota, where he worked for the railroad. "He loved the railroad," she said. Most of his career was spent in California with the Santa Fe.

The couple has eight grandchildren, 12 great-grandchildren, and two great-great-grandchildren—none of them close.

Thank you, each one, for your memorial gifts

Thank you, friends, for your memorial gifts, which benefit patients with special needs. Your generosity honors your loved ones and the patients hospice serves.

Hospice Gift

Warren Anderson
Delta Kappa Gamma,
Belleville Chapter
Howard and Marcene
Waschnicht
Heather & Steven Drieth
Delila & Harold Metz
Arlene Linkugel Memorial
William Linkugel
Ben Hanzlick Memorial
Sylvia Weaver
Bernard Fickel Memorial
Kenneth Blackwood
Family of Bernard Fickel
Caroline Dutton Memorial
Thomas Dutton
Thomas & Alberta Parry
Clarence Merrill Memorial
Turner High School, USD 202
Janice Selby
Earl Lytle Memorial
Richard & Dena McKee
Edna Mitchell Memorial
Janice Selby
Georgia M. Trost Memorial
Damon & Laura Christensen
Louise Ganstrom
Trost Flower
Mary Belle Bonebrake
Dana & Tina Brewer
Dorothy Wagner
Randall Trost
Charles & Bonnie Sjorgren
Kermit & Betty Engelland
Irvin's Greenhouse
James & Ann Lanoue
Friends & Neighbors
Cecil & Bonnie Deel
Thomas Trost
Grace Carlson Loomis Memorial
Janice & Bob Bruckmeier
Helen Sejkora Memorial
Norma Thomas
Mary Ann Oellien
James McVean Memorial
John & Becky Landers
Jean E. Barrett Memorial
Marvin & Darlene Yarrow
Mary N. Seley

Randall & Shelia Herrick
Dean & Jean Milroy
Donna Cameron
Roberta & Ray Keen
Harold Hotchkiss
Allen & Myrtle Baxter
Joe Anderson
Friends & Neighbors
Jennie McMahan
Henry & Ruby Copeland
Claude & Nancy Barrett
Kim & Bill Davis
L.B. & Otherine Rue
Cal & Jeff Dulin
Gerald Wayne & Margaret
Nelson

Laura Walker Memorial

Waleta Buck

Lavern Modean Memorial

Alvin & LaDonna Urban
Donald Modean
Irene Green

Laverna Uffman Memorial

Edgar Uffman & Family

Lyle Peterson Memorial

Ailene Peterson

Marjorie Carpenter Beninga Memorial

Andrew & Lola Mae Broden

Merle Flinn Memorial

Family of Merle Flinn
Kenneth Blackwood

Richard Guenther Memorial

Betty Lou Hover

Dale Ackerman

Ann Ackerman
Connie Ackerman
Marilee Adams
Ed & Velma Aden
David, Lydia Allerheiligen
Bob & Anne Anderson
Jim Anderson
Bobbie & Rosalie Babb
Howard & Evelyn Baker
Laura Baker
Janet Bargman
Bill & Becky Bednar
Ron & Dorine Bergren
Mary Ann Berkley
Jack & Mattie Bicknell
James & Melissa Borgerding
Jim & Jeanette Borgerding
Pat & Patti Breeding
Raleigh & Donna Breeding
Sue Breeding
Barbara Brown
Caroline Bruna
Mildred Burger
Deb Clawson
Marvin & Shirley Cowell
Joyce Cox

Melda Cutting
Dan & Freda Debrick
LuAnne Debrick
Gregg DeWitt
Milford & Verda Drinkgern
Eric Dubrick
Gladys Eddy
Duane & Kathleen Epp
Bob & Eunice Evans
Rollin & Genevieve Fincham
Jim & Rosemary Forst
Dana's Friends in Dallas
Jim & Rosemary Frost
Harold & Verla Funk
Glenna Galloway
Howdy & Whitey Goins
Francis Graham
Doug & Bette Grauer
Norman & Ruth Grauer
Gill & Virginia Griffiee
Bob & Willa Griswold
Eulalia Guise
Zetta Harberts
Steve & Dee Harries
Dick Heaney
Cork & Dana Holle
Marg Hoppenstedt
Gene & Kim Houtz
Leona Houtz
Joe & Penny Howell
Bob & Sherry Huddleston
Christian & Ann Hulett
Dennis & Barbara Hutchinson
Ron & Connie Jaques
Robert & Mary Jowder
Roger & Beulah Jurgens
Larry & Leona Kieffer
Richard & Susan Kistner
Dorothy Kraemer
Blanche Kramme
Francis & Bette Lammerding
Don Landoll
Mark & Cathy LeSage
Duff & Phyllis Libby
Shirley Little
John & Glenda Lowdermilk
Berniece Lueers
Ron & Donna Marples
Stacie & Lynn Mayer
Bill & Janice McMurray
Darrell & Marian Melcher
Maureen Moser
Mike & June Myers
Barbara Nordhus
Thomas & Anita O'Neil
Roseanne Peterson
Gary & Sharon Phillips
Herb & Wilma Plegge
Ralph & Diane Plegge
R.S. & Arlene Potter
Jack Rea

Marvin & Eldean Robertson
Bob & Gladys Ryan
Susie & Clayton Saathoff
Leo & Darlene Schmale
L.J. & Marilyn Schramm
Dennis & Diane Schroller
Bud & Pat Schuette
Bob Shipman
Wally & Barb Siems
Ruby Simmons
Scott & Carol Slupianek
Eric Slupianek
Gene & Jennie Slupianek
Mark & Patti Slupianek
Norbert & Marcia Slupianek
Clarice Smith
Donald Smith
Jan Smith
Keith & Peggy Sprouse
Doyle & Joy Temple
Earl & Lucille Tidwell
Caryl Toedter
Dan & Rosanna Truax
Charles & Charlotte Tryon
Charles Usher
Willard & Elaine Waltke
Gerald & Dolores Wassenberg
Bob & Dottie Welch
Melvin & Frances Wienck
Mary Lou Williams
Carroll Winterscheidt
George & Jan Woodyard
Carl Adkins Memorial
Mark Adkins
Class of 1980-Glasco
Penny Davis
Robyn Erickson
Mr & Mrs Orwan Mann
Dennis & Dorothy Martin
William Martin
Dallas & Brenda McDuffee
Telescope, Inc.
Leonard Beeson Memorial
American Legion Post 101
Doris Beck
Jessie Bigler
Deb Eakes
Mike Fencil
James Fredericks
Harold & Fay May
Brenda Richards
Marian Sanberg
John & Mary White
Ron & Donna Wichman
Vernon Folsom Memorial
Roberta Folsom
James & Sondra Huey
Stanley & Bernice Schmitz
Robert & Marcia Storer
Lester & Della Tuttle
Elizabeth & Jule Winters

(continued on Page 7)

Thank you for memorial gifts

(continued from Page 6)

Marjorie Knox Memorial

- C.S. Anderson
- Wilmer & Maxine Balderston
- Arlin & Joan Balthazor
- William & Beth Beck
- David & Kathy Blackwell
- Dr. & Mrs. D.J. Blackwood
- James & Jean Buoy
- John & Susan Carey
- Dianne Caron
- Joe Caron
- Maxine Caron
- Steve Caron
- Christian Church
- Wanda & Clair Eye
- Rex & Veta Fischer
- Friends & Neighbors
- Patrick & Jolene Girard
- Duwayne & Dora Johnson
- David & Genevieve Jones
- Donald & Willomae Kaufmann
- Pat & Debi Knox
- Linn & Shirley Kovar
- Kenneth & Doris Langley
- T. Duncan & Jeanne MacVicar
- B. Ione Nichols
- Fern Odette
- Dean Pixley
- Harold & Lavera Poland
- Sharon Saulnier
- S.R. & N. Darlene Schoonover
- Caryl & Marceline Towbridge
- Keith & Meda Towbridge
- Donna Welborn
- Marjory Wilson

Verona Novak Memorial

- Friends & Neighbors
- Nancy & Laurence Leamer
- George Novak
- Raymond Ohlde
- Ned & Dixie Sortor
- VFW Ladies Auxiliary 3387
- Victoria Williams

Susie Parmentier Memorial

- Arlan & Shirley Benteman
- Leon & LaVerne Benteman
- Norman & Myrene Benteman
- Children & Grandchildren
- Richard & Sara Colvin
- Betty Fairchild
- Randy & Jean Frerking
- Anne Girard
- Lora Good
- Jerry & Charlene Graham
- Maude Jones
- Susan Klassen
- Wayne & Helen Kohl
- Wayne & Margaret Link

- Barbara Malony
- Marysville Mutual Insurance
- L. Aileen Nesmith
- Barbara Nordhus
- Art & Lorene Pacha
- Danny Parmentier
- Kevin Parmentier
- Richard & Terri Parmentier
- Mimi Pierson
- Richard & Dorothy Ricketts
- Doris Roeber
- Donald & Florence Rogers
- R.W. & Doris Rogers
- Evelyn Spencer
- Warren & Jean Taylor
- Betty Undersood
- Margaret Vacek
- Louis, Lorraine Wassenberg
- Bernard Wilson Memorial**
- Delmar & Donna Wilson
- James & Beverly Wilson
- Laura Wilson

If you hold up your head with a smile on your face and are truly thankful, you are blessed because the majority can, but most do not.

Thank you, volunteers, for your time, support

- Ann Ackerman, Joyce Beam, Mary Bertsch, Margaret Blaske, Maxine Branfort, Fr. Richard Brooks, Carol Brown, Christine Buchanan, Vera Burge, Daisy Carlson,
- Don Dejmaj, Irene Duitsman, Elizabeth Dunn, Ernie Foster, Delores Germann, Gary Griffiths, Edna Hatfield, Lorna Heitman, Janet Helmerichs, Gevine Hoesli, Phyllis Hofts, Dennis Holst,
- Nancy Holst, Helen Johnston, Carol Kirtley, Jean Kraemer, June Laha, Eva Lewis, Mildred Lull, Fay May, Velma Merritt, Theresa Meyer, Helen Meyerhoff, Sister Julia Norton, Gladys Osthoff,
- Mattie Patterson, Virginia Petersen, Mina Purling Burkett, Marlene Quillin, Bernita Reinert, Sister Teresa Rigel, Barney Rohde, Eunice Samuelson, Mary Ann Seeberger, Pat Simmons,
- Reba Smith, Connie Smith, Jan Taylor, Lila Tiemeyer, Nelda Ungerer, Francis VanWinkle, Sister Ann Vincent, Marcene Wachslicht, Dona Welborn, Jane Werner.

—Linda Gibbs
Volunteer Coordinator

From the Hospice Staff . . .
We wish you a Merry Christmas

Tree of Light & Remembrance
Belleville - Clay Center - Concordia - Marysville - Washington
watch your newspaper for details

Clip coupon and mail to **Meadowlark Hospice**, 2220 7th St, Clay Center, KS 67432
TREE OF LIGHT AND REMEMBRANCE
Enclosed is my check for _____ memorials at \$5.00 each and/or \$ _____ contribution.
Please print:
Donor's name _____

Address _____

City/State _____ ZIP _____

In Honor of _____

Make checks payable to Meadowlark Hospice. All gifts are tax deductible. Watch for the date and time of the tree lighting in your county and come participate in this meaningful event. Please identify the tree you would like to use to display your memorial.
Clay Center Tree__ Washington Tree__ Marysville Tree__ Concordia Tree__ Belleville Tree__

About your newsletter—

This month's front page story uses no names of hospice patients, which you may already have noticed. The reason for this is that confidentiality is part of the training for those who work with hospice.

The "Roles and Job Description" provided volunteers during training says: "References to the patient / family by name should be confined to contact with the Hospice team, either individually or at meetings. Information of extreme confidentiality divulged by a patient or family member should not be shared in a group session unless it bears directly upon the designing of a care plan. Such information may be shared with the individual team members, however, if needed for the peace of mind of the volunteer."

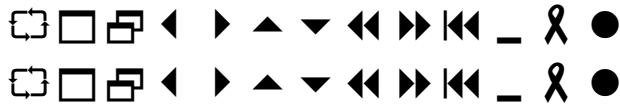
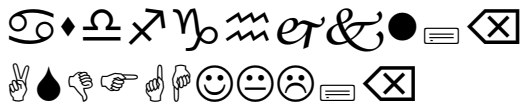
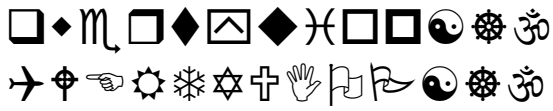
Deb Martin, the nurse who is featured, did ensure that both patients mentioned in the article would be comfortable having an observer. All those involved had the opportunity to critique the story. Adhering to the expectation of confidentiality should help bring peace of mind to everyone

—CLB

- Linda Gibbs, 2220 Seventh St. Clay Center, KS 67432; 785-632-2225;
e-mail: mhospice@ccmcks.org; fax: 1-785-632-3557
- Christine Buchanan, P.O. Box 6, Washington, KS 66968; 785-325-2343
e-mail: buchans@washingtonks.net; fax: 1-785-325-3351
- Website: ccmcks.org (look under Hospice)
- Personnel are available to present programs to area organizations.
Contact Kay Lohmiller at 785-632-2225.

MEADOWLARK HOSPICE
2220 SEVENTH STREET
CLAY CENTER, KS 67432
785-632-2225

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From
Christine Buchanan
Hospice Newsletter Editor
POB 6
Washington, Kansas 66968
PHONE: 913-325-2343
FAX: 785-325-3351
E-MAIL: buchanans@washingtonks.net

Linda:
Everything is filled, except for a bit of space on page 2 (see note there)
and room for mail on page 4.

I hope it's okay that I went ahead with three profiles on volunteers.
I thought that was one thing I could do for you. We don't have room this month for five.
(I promise to seriously consider doing Christine Buchanan next time—or
if I get up the courage, asking Tom to do it.

I hope Piotique was a huge success. It was a gorgeous day for it.

Thanks for all your help. Your calendar shows me October is another very busy month.

CLB