

# ◆ Meadowlark Notes ◆

Issue 21

Hospice serving Clay, Cloud, Marshall, Republic, Riley, Washington Counties

Summer 2001

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#### Billing:

Ronna Urban

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## Hospital engineers haul, set up equipment in five-county area

It takes a couple members of the Clay County Medical Center engineering staff most of a day to load, haul and set up equipment for a hospice patient living somewhere in Clay, Cloud, Washington, Marshall, or Republic county.

Department Head Chuck Smith said there is no way to plan for these kind of needs, but his crew is very good about handling this service, which may be little recognized but greatly appreciated.

Smith estimates the men spend five or six hours every two weeks; although occasionally they will handle three or four hospice patients in a week.

"If I put the guys on the road at 9 or 10 in the morning, I won't see them again until afternoon."

The staff at Meadowlark Hospice works very closely with them, Smith said, alerting them as soon as possible. "We have a very good working relationship."

Dwight Ricketts, Casey Urban, Smith and another staffer to be hired share the effort to supply every piece of equipment needed.

Smith calls the family before delivery, which usually involves moving furniture. "There's a lot going on," he said.

When Smith started at CCMC three years ago, hospice was using heavy old hospital beds that "took three men and a boy to move."

He encouraged the change to home health beds which are "just

great—they tear down and set up easily, and each component is lighter, making even (steep, narrow) stairs more manageable."

Meadowlark Hospice now owns five of the low-maintenance beds. Some of the equipment is stored at the medical center, some stored downtown.

Originally from California, Smith spent 26 years in the military, concluding with three years at Ft. Riley from 1992 to '95.

When he was getting ready to retire, Smith and his wife Roberta scouted for places to live, studying several communities.

"We picked them," Smith said of their move to Clay Center.

He realized how fortunate the county was to have Meadowlark Hospice because of his mother's illness in Geary County, where there was no similar service.

Roberta, with home health care experience, cared for her mother-in-law, a paraplegic with Alzheimer's 4 1/2 years. Smith believes it would have been so much easier if they had had hospice help.

"It's important to have a good quality of life. The last few days on earth need to be peaceful," he said. "Most patients want to be home."

The Smiths have seven grown children scattered from Las Vegas to Michigan.

**From the Director—**

## *Six months no longer patient care limit*

Currently, we are finding that many people who need the kind of service Hospice offers are not receiving Hospice care until the last week or even days of their lives.

This is partly due to unfamiliarity with Hospice and partly to pursuing aggressive treatment.

For several years, Medicare limited treatment through Hospice to six months.

We have not had to discharge patients if they were still appropriate, but physicians sometimes were reluctant to admit them

because they were worried about the six-month timeline.

In September 2000, we received this important notice from HCFA (Health Care Finance Administration):

**Hospice is in no way restricted to the six months of coverage.**

In fact, there is no limit on how long an individual can receive Hospice Services, as long as he or she meets Hospice criteria.

A person who has a terminal illness and who is not seeking aggressive therapy/treatment, is appropriate for Hospice services.

It is so helpful for the patient, the family and the Hospice Staff to have time to develop a relationship, do pain and symptom management and do good Hospice care for everyone involved.

This all takes time. With late referrals the Hospice team does not have the time it takes to do all they need to do.

If you know of anyone who needs Hospice, care please call the Hospice office.

*Dianne Michaud RN, BSN  
Program Director  
785-632-2225*

**Nurse's Notes—**

## **Nurses see importance of Hospice volunteers**

How often have you heard this question: What would I do if I became a hospice volunteer?

Volunteers are a very important part of the hospice team who cares for the terminally ill.

Many patients live alone and don't always have family close by. Oftentimes few family members are available to help provide care.

A volunteer can help by visiting a patient by phone, or by making a person-to-person visit, or sending a card. These things may keep a patient from being lonely.

Shop for groceries or take mail for someone who doesn't drive. You could write letters to friends and family for the patient, who now has difficulty writing because of weakness, or you could read a book aloud.

You may sit with the patient while the caretaker has a break.

A "family caregiver" is anyone who provides unpaid care to a relative or friend. Most caregivers feel they are doing what they need to do. But nearly two out of three

caregivers admit that taking care of a patient on a 24-hour basis is an emotional strain.

The United Hospital Fund estimates that if family caregivers were paid, it would exceed the cost of all nursing home care and home health.

In addition, volunteers also help with office duties, mailings and fundraisers, such as the Tree of Light at Christmas time.

Volunteers are assigned to a patient, and as the patient begins to trust that person, the relationship grows. Most times you will hear a volunteer say, "I get a lot more out of being a hospice volunteer than I ever give."

So if you feel you have a special talent or extra time, please give volunteering a try and feel the warm appreciation, not only from patient and family but from Meadowlark Hospice staff. We all know you are a special part of our program.

To those who already are volunteers, thanks so much.

*Vonda Pumarlo, RN  
Meadowlark Hospice*

### **Thanks, volunteers**

Ann Ackerman, Mary Bertsch, Fr. Richard Brooks, Carol Brown, Maxine Branfort, Christine Buchanan, Vera Burg, Daisy Carlson, Don Dejmaj, Irene Duitsman, Ernie Foster,

Delores Germann, Gary Griffiths, Lorna Heitman, Janet Helmerichs, Jennifer Hiltgen, Gevine Hoesli, Dennis Holst, Nancy Holst, Carol Kirtley, Delores Koss, June Laha,

Mildred Lull, Fay May, Helen Meyerhoff, Sr. Julia Norton, Mary Alice Pacey, Mattie Patterson, Mina Purling, Marcia Prell, Bernita Reinert, Sr. Teresa Rigel, Barney Rohde, Eunice Samuelson,

Mary Ann Seeberger, Reba Smith, Peggy Sprouse, Lila Tiemeyer, Nelda Ungerer, Francis VanWinkle, Sr. Ann Vincent, Marcene Wachsnicht, Tracy Wallace, Dona Welborn, Jane Werner

*Linda Gibbs  
Volunteer Coordinator*

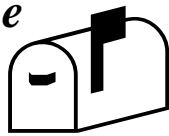
# Special events fill summer

An ice cream stand sponsored by the AAL Branch #704 will be staffed by volunteers for hospice during the Washington County Fair July 18-22. For several years, the stand has benefitted Meadowlark Hospice, with matching funds from the American Lutheran organization.

A booth with hospice information will be set up at the Cloud County Fair July 24-28 and at the Republic County Fair July 31-August 5. Volunteers will be helping staff members.

Part of the massive quilt project, which includes four queen-size quilts and at least four pillows, will be showcased at Piotique in Clay Center Saturday, September 29.

## Mail Time at the Office



Excerpts from our letters

*You have all touched our lives in a way that can never be forgotten. You helped make mom's final months and weeks of life more bearable.*

*I am so thankful that there is a hospice program . . .*

*I'll never forget the wonderful care that you gave my brother.*

*Remembering your kindness . . . Remembering you.*

*We want to thank you all for your kindness. You all have such big hearts. We don't know how to repay you.*

# Calendar of Events

## JULY

- July 9 Cloud County Volunteer Inservice, 10 a.m., United Methodist Church, Concordia
- Republic County no July Inservice**
- July 11 Clay County Volunteer Inservice, 12 noon, Clay County Medical Center, Education Room, Clay Center
- July 17 Washington County Volunteer Inservice, 9:30 a.m., Extension Meeting Room, Courthouse, Washington
- July 17 Marshall County Volunteer Inservice, 12 noon, Community Memorial Healthcare, Marysville, Room A.
- July 17 Frankfort Volunteer Inservice, 2 p.m., Frankfort Care Home, Conference Room

## AUGUST

- Aug 13 Cloud County Volunteer Inservice, 10 a.m., United Methodist Church, Concordia
- Aug 13 Republic County Volunteer Inservice, 12 noon, United Methodist Church, potluck salad lunch
- Aug 15 Clay County Volunteer Inservice, 12 noon, Clay County Medical Center, Education Center, Clay Center
- Aug 21 Washington County Volunteer Inservice, 9:30 a.m., Extension Meeting Room, Courthouse, Washington
- Aug 21 Marshall County Volunteer Inservice, 12 noon, Community Memorial Healthcare, Marysville, Room A.
- Aug 21 Frankfort Volunteer Inservice, 2 p.m., Frankfort Care Home

## SEPTEMBER

- Sept 10 Cloud County Volunteer Inservice, 10 a.m., United Methodist Church, Concordia
- Sept 12 Clay County Volunteer Inservice, 12 noon, Clay County Medical Center, Education Center, Clay Center
- Sept 18 Washington County Volunteer Inservice, 9:30 a.m., Extension Meeting Room, Courthouse, Washington
- Sept 18 Marshall County Volunteer Inservice, 12 noon, Community Memorial Healthcare, Marysville, Room A.
- Sept 18 Frankfort Volunteer Inservice, 2 p.m., Frankfort Care Home, Conference Room

## Our thoughts are with these families

- Elma Davis
- Wilma Blocker
- Martha Vignery
- Edna Mitchell
- Bob Blecha
- Roberta Swaney
- Herman Newcomb
- Ramona Flower
- Bud Swanson
- Ruth Jones
- John Sedlacek
- James McVean
- Marcella Hauner

## Quilt project makes progress, many involved

Most of four quilts to benefit Meadowlark Hospice were pieced by early July, an intricate process, according to Clara Ebeling, who handles that part for the quilt being finished at Hanover.

Others in charge of piecing the queen-size quilts are Cleta Wietharn, Clay Center; Irene Duitsman, Washington, and Betty Suther, Concordia.

Forty-eight unusually beautiful and inspirational cross-stitch squares were completed by

people throughout the United States and several countries.

Colors and fabric patterns are different for each quilt and have been carefully selected to enhance the cross-stitch squares.

Linda Yarrow, dietitian at Clay County Medical Center, started the project in March, enlisting avid cross-stitchers through the Internet.

In addition, a Courtland group, who wanted to be part of the project, are working on four

pillows.

Actual quilting will involve many other volunteers in each community this summer.

"The more people we let be involved, the better," Yarrow said.

All the batting is being contributed by Mountain Mist Co., Cincinnati, Ohio, she said.

Yarrow expects to display quilts in the various communities and to have some of them done by the last weekend in September for Piotique in Clay Center.

## Introducing . . .

### Branfort treats patients with humor, comfort, feeling of being family

A hospice volunteer for about 10 years, Maxine Branfort joined after the death of a good friend, recalling that Marcella Bechard was in charge of the Clay Center group at that time

Branfort has stayed with patients in Palmer, Morganville, Clifton, Clay Center—wherever she's needed.

"The hard part is when you lose them (patients). They've become like family."

She visits with them, listens to them talk about whatever they're interested in, or perhaps holds their hand.

Branfort recalled one patient, who was getting pretty weak. Even so, she joshed him about never shaving.

That night, his wife heard him moving around. He was shaving in bed, planning to surprise and please his hospice volunteer.

Branfort's volunteer efforts extend to the nursing home in Clifton, where she goes each morning. In her free time, she likes to play bridge.

Maxine and her husband Bill farmed, then he worked for the elevator, moving into Clifton about 15 years ago.

Bill and Maxine have a son in Clifton who carpenters, a son who farms in the area, and a daughter who is a Clay County health nurse.

One typical evening in June, the twosome had just gotten home from one of their eight grandchildren's ball games.

## From the Dietitian

Why is it important to eat well?

Doctors and researchers have found that patients who eat well during treatment periods are better able to stand the side effects of chemotherapy, radiation or surgery. A well balanced diet will help maintain your strength and you may resist infections better. Many times you may not feel like eating, but your body still needs nourishment. Use the following recipe to boost your calorie and protein intake.

### *Double Strength Milk*

1 quart milk (whole, 2% or 1%)

1 cup instant non-fat dry milk

Combine until non-fat dry milk has dissolved (usually 3-5 minutes). Refrigerate as flavor usually improves after several hours.

Use as basis for any recipe that calls for milk: puddings, hot cereals, mashed potatoes, milk shakes, on cold cereals, etc.

A popular recipe uses 1 cup Double Strength Milk plus 1 package Carnation Instant Breakfast (CIB). With vanilla CIB you may add other flavors: bananas, strawberries, peaches, peanut butter, coffee flavor, etc.

—Linda Yarrow, CCMC

*A civilization flourishes when people plant trees under which they will never sit.*

—Greek Proverb

# Introducing . . .

## Caring for sister led Laha to hospice

June Laha's first experience working with hospice was caring for her sister in Topeka, along with nurses and social workers from Midland Hospice.

Also, her brother spent his last days in a newly completed Midland Hospice House in Topeka in December 2000.

Retired from teaching fourth grade at Wakefield, Laha became a hospice volunteer two years ago, eventually spending half a day each week in the office.

"I really enjoy going in and working with the staff, Laha said. She helps with filing, copying patient forms, tracking additions to patient notebooks, etc. With the expansion of Meadowlark's territory, the staff especially appreciate the extra pair of hands.

She also is one of the faithful group who get the quarterly newsletter ready for mailing.

Laha still does some substitute teaching and volunteers at the Wakefield Library, where she helps with the summer reading program.

For her, compassion came from many sources. The youngest of her five sons was nine when her husband Patrick died in 1975.

In 1986, she faced cancer, which struck again 10 years later. "My boys have been very supportive."

With 16 grandchildren, ranging from college senior to one-year-old and living "mostly in Kansas," she has many opportunities to spend time with her big family.

"I enjoy whatever I can do," said the mother-grandmother-teacher-volunteer.

## Burge believes in Republic Hospice group

Vera Burge, member of the Republic hospice volunteer group that organized three years ago, has always lived in the small Republic County town.

Like many people in rural communities, she remembers when the town had two grocery stores and a bank. . . when she graduated from Republic High School, which was condemned and replaced with a new building in 1951-52. . . when numerous businesses lined the street. . . when empty homes still had occupants.

Vera and Bob's three children all graduated in the community, too, and a daughter still lives there with her family

Last November, the couple celebrated their 50th wedding anniversary.

Vera thoroughly enjoys her family, including six granddaughters and nine great-grandchildren, ranging in age from 2 to 7.

Vera lost a niece to cancer, whose mother had told Vera how much help hospice had been.

"I think hospice is a very worthwhile program," she said.

## *Peggy Sprouse was with hospice from its beginning in Marysville*

When a close friend, who would have preferred to stay at home, died of cancer in the hospital, Peggy Sprouse knew that if hospice ever started in Marshall County, she'd be there.

"We were the first group to train," the Marysville volunteer recalled.

"Death can be terrifying." She believes work with hospice helps to understand death.

Once asked to describe hospice, Sprouse replied: "Hospice, when working as it should, provides health care, good pain control and support in so many ways for the families. When you have help 24 hours day just a phone call away — it doesn't get much better than that."

In 1962, Peggy and Keith moved to Marysville after he graduated from Washburn School of Law.

"We wanted to raise a family in a small town," the Topeka native said. "After he came out of law school, we went searching for a small community."

Both of their daughters live in Marysville with their families, which makes it convenient for Peggy and Keith, now retired, to spend time with them and their four grandchildren.

A woman of many interests, Sprouse loves to travel, sews a lot, but added, "I don't know that I can say I like yard work."

**More Introducing . . . Page 4**

**Etc., Etc., Etc.**

*Something to ponder . . .*

If you woke up this morning with more health than illness. . . you are more blessed than the million who will not survive this week.

If you have money in the bank, in your wallet, and spare change in a dish somewhere . . . you are among the 8% of the world's wealthy.

## Thank you, each one, for your memorial gifts

*Thank you, friends, for your memorial gifts, which benefit patients with special needs. Your generosity honors your loved ones and the patients hospice serves.*

### Hospice Gift

Warren Anderson  
 Florence Elliott  
 FOE #3650 Auxiliary  
 Daryl Koch  
 Ann McBride  
 Ruth McNish  
 Larry & Donna Miles  
 Lucille Splichal  
 Pi Chapter, Delta Kappa  
 Gamma, Republic-Jewell  
 Counties  
 Women's Benefit Golf  
 Tournament

### Bill Beaver Memorial

Kay Beaver & family  
 Ruth Colbert

### Rita Kubick Memorial

Waleta Buck  
 Roxanne Nigh

### Verona Novak Memorial

George Novak & family  
 Joe & Wilma Copeland

### Anna Urich Memorial

Dorothea Hult  
 Al Urich

### Melvin Brickei Memorial

Melvin Brickei Family  
 Kenneth Blackwood

### Doris Lobaugh Memorial

Friend & Neighbors

### Mildred Wasserman Mem.

Ray, Gary & Debbie  
 Wasserman  
 Ken Wasserman  
 Frank C. Norton

### Gwain Woellhof Memorial

Everett & Donna Girton

### Gail Barrett Memorial

Claude & Nancy Barrett  
 Harry & Dola Forsberg

### Joyce Everett Memorial

Lloyd Everett & Family

### Joan Mall Memorial

Larry Mall

### Dale Ackerman

Ann Ackerman

Connie Ackerman  
 Marilee Adams  
 David & Lydia  
 Allerheiligen  
 Jim Anderson  
 James & Melissa  
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 Borgerding  
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 Deb Clawson  
 Marvin & Shirley Cowell  
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 Dan & Freda Debrick  
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 Duane & Kathleen Epp  
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 Rollin & Genevieve  
 Fincham  
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 Glenna Galloway  
 Howdy & Whitey Goins  
 Gail & Virginia Griffie  
 Eulalia Guise  
 Zetta Harberts  
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 Dennis & Diane Schroller  
 Bob Shipman  
 Wally & Barb Siems

Scott & Carol Slupianek  
 Eric Slupianek  
 Mark & Patti Slupianek  
 Keith & Peggy Sprouse  
 Earl & Lucille Tidwell  
 Charles & Charlotte Tryton  
 Charles Usher  
 Willard & Elaine Waltke  
 Gerald, Delores Wassenberg  
 Melvin & Frances Wienck  
 Mary Lou Williams  
**Linda Black**  
 Henry Barclay  
 Mark & Vicki Case  
 Delmar & Arnette Duerksen  
 George & Mary Francis  
 Holdren  
 Dean & Joanne King  
 Raymond & Dorothy Orr  
 Robert & Sheila Steenbock  
 Walter & Faye Teetzen

### Robert (Bob) Blecha

Alcott PTO  
 William & Mary Alexander  
 Donald & Eunice Allen  
 Doug & Jana Allen  
 Jack & Judy Allen  
 Kenneth Allen  
 Robert & Lynn Allen  
 Donald Ames  
 Karla & Darren Barnhart  
 Barry Baxa  
 Becky Blecha  
 D.L. & Rita Blecha  
 Henry Blecha  
 Maxine Blecha  
 Clyde & Margye Bobbitt  
 Raymond, Bertha Brechner  
 Alan & Jeri Bruner  
 Cessna Aircraft Employees  
 Christine Cooper  
 Arlie & Dorothy Cox  
 Kevin & Jody Cromwell  
 Charles Delay  
 Darlene Delay  
 Amy & Delbert Denayer  
 William, Geneva Denholm  
 Glenn & Dixie Dorman  
 Ronnie & Janet Dorman  
 Jack & Marilyn Dunn  
 Jeannie Fairchild  
 Dorothy Fencil  
 R.W. & Illa Fielder  
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 Friends & Neighbors

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 Bob & Betty Graves  
 Betty Haines  
 Myron Haines  
 Sharil & Gene Havel  
 George & Ann Hoffman  
 Joann & Pete Hoffman  
 Boliver Hyland  
 Lillian Jeardoe  
 Nicholas Jones  
 Joan & Roland Kalivoda  
 Mike Kelley  
 D.L. Kirkpatrick  
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 Alberta Lallak  
 Don & Marilyn Menke  
 Delila & Harold Metz  
 Clell & Kayleen Miller  
 Bob & Gladys Novak  
 Jean & Roger Novak  
 Alfred & O'Leta Nutsch  
 Dave & Sue Peltier  
 Jack Petty  
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 Lonnie, Kathryn Swanson  
 Veda & Frank Taylor  
 Glennis & Bob Trecek  
 Henrietta Trimbley  
 Kenneth, Lea Dawn Welch  
 Louella & Edwin Welch  
 Betty & Gary Wicklein  
 Katherine & Don Wilbert  
 Kayleen & Doug  
 Wilkinson  
 Barbara & Ronald Wurtz  
 John & O'Leta Zenger  
 Tammy & Neil Zenger  
 Tim & Lisa Zenger  
 Warren & Janice Zenger  
 Wendell & Lorna Zenger  
**Donald Brown**  
 Robert, Shirley McCollom  
 Jack & Hannalesa Roney  
 Keith & Fern Waters  
 Durl & Nita Workman  
**Elma Davis**  
 William & Gayle Davis  
 Friends & Neighbors  
 Dorothy Llewelyn  
 Noel & Helen Stoll

*(continued on page 7)*

## *Thank you, each one, for your memorial gifts*

**Ramona Flower Memorial**

Crys & Ginger Flower  
& family  
Richard King & family  
Donald & Roberta Flower  
Scott & Deb Hedke  
Josi & Russ Zito & Isabel  
Susie & Gary Stitt  
Jon Foley  
Jerry & Janie Hinrichs  
Russell Stryker  
Colleen & Phil Hanson  
Mary Jane Foley  
Rev. Kenneth & Donna  
Watkins  
Shirley P. Horner  
State Bank of Blue Rapids  
Blue Rapids Medical Clinic  
Kenneth & Mary Smith  
Jimmy & Jennifer Flower  
Dottie & Michael Cardoza  
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Francis & Mona Flower  
Jimmy Flower  
Verna & Dale Foley  
Friends & Neighbors  
**Kenneth Fritz**  
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Paul & Beverly Freeman  
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Bill Jr & Sherie Mahin  
Greg & Trudy Mahin  
Joel & Deirdre Mahin  
Phyllis Mahin  
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Lola Snyder  
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Sheri & Kenny Ubelaker  
Chad & Christi Walter  
Nancy Wilkinson  
**James McVean**  
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James & Joan Brabec  
Thomas & Jean Brabec  
Greg & Susayn Brandes  
Patrick & Patricia Breeding  
Danny & Jenny Bruna  
Margaret Carlson  
Friends & Neighbors  
JoAnn George  
Brett & Krista Hanson  
Marjorie Hatesohl  
Eunice Hiltgen  
Roland & Marjorie Laue

Terry & Rita LcDuc  
Evelyn Lohmeyer  
Randy, Laberta Lohmeyer  
Marshall Salon No. 731  
Donna McVean  
Margaret Padilla  
Tim & Janet Porter  
Joel & January Rohde  
Thomas & Carla Stanley  
Christina & Mark Uhlik  
John & Sherry Young

**Edna Mitchell**

Douglas & Connie Hulst  
Harold Mitchell

**Herman Newcomb**

Charles & Ila Mae Duncan  
Carrol Garst  
Dennis, Barbara Newcomb  
Larry & Leora Rundus  
Rose Steba

**Elzie Pearson**

Garold & Karen Dyson

**Leonard Peters**

Mattie Austin  
Claude, Norma Snowberg

**Ivan (Ike) Steffen**

Bruce & LaDonna Steffen

**Roberta Swaney**

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Romaine, Norma Holcomb  
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Anthony Seaman  
Eugene Spannenberg  
I.K. & Elizabeth Swaney  
Ivan Swaney  
Mable Whitney

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Deane & Alice Cook  
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Wilma Patterson  
Fred & Martha Soucek  
U-All-Come Study Club  
UMB Bank  
Gail Vincent  
Ray Vincent

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Lorene Sorell  
Henry & Lois Tillinghast  
Euna Mae Turner  
Cheryl Wilson

### *A hospice patient's son writes from the heart*

*From Jackie 11/13/2000*

Even though you're gone  
I still hear your voice.  
You tried to stay  
But it was His choice.  
My memory of you is still fresh  
everyday,  
I still feel your hug when I left  
you that day.  
I look to the sky and ask myself  
Why, it is way too soon for my  
father to die.

Our love for you is alive  
everyday, it's hard to believe it  
turned out this way.  
Life can be unfair, this we found  
out, but you had the courage  
without a doubt.  
You're in my dreams almost  
every night, that's lucky for me  
cause it helps make things right.  
When the time comes and we  
meet again, you can give me that  
hug and we'll start over again.

### *Volunteers turn out for special lunch in April*

Fifty volunteers turned out for the appreciation luncheon hosted by Meadowlark Hospice staff at First National Bank, Washington, April 25.

Features included light-hearted accordion music by Reba Smith, Clay Center; fascinating discussion of orphan trains in Kansas by Marilyn Holt, Abilene; a variety of door prizes —and excellent food by Charron Cales.

## About your newsletter—

How often things happen without our thinking about *how they happen*.

Each time you receive a newsletter, seven or eight volunteers have spent two or three hours in the Education Center at Clay County Medical Center folding, labeling and sorting more than 1,000 copies.

And that's after Linda Gibbs has put the mailing list together and enlisted husband Sam's help to insert the pages.

In April, Ernie Foster, Barney Rhode, Pat Simmons, Mattie Patterson, Fay May, June Laha and Alene Peterson showed up to help Linda. The crew usually includes Carol Kirtley and Mina Purling.

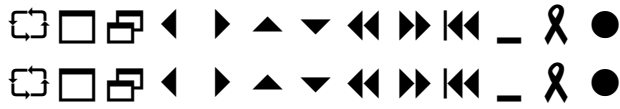
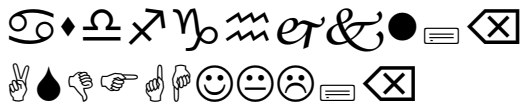
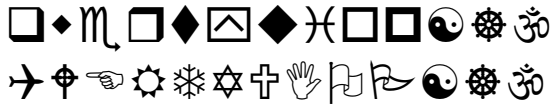
Without these people, you wouldn't be holding this copy of your newsletter today!

—CLB

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- Website: cmcks.org (look under Hospice)
- Personnel are available to present programs to area organizations.  
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Note:  
We have room to add something.

Thanks, Vera!